

Assessment Impact by Course Objectives  
Palau Community College  
Department (HP) - Health & Physical Education Department

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**CLO: HP 180 - Personal & Social Health: CLO 1**

Discuss the concept of health and wellness and become intelligent consumers of good healthy habits and information.

**CLO Assessment Cycle:** 2014-2015 (Spring 2015)

**CLO Status:** Active

Means of Assessment			
Means of Assessment	Expected Student Performance	Notes	Active
Demonstrate understanding of intelligent consumers of good healthy habits and information by discussing the concept of health and wellness. <b>Signature assignment:</b> Midterm Exam	70% of the students assessed will perform at the proficiency level.		Yes

Results			
Summary of Data Collected	Use of Results	Follow-Up	Semester Assessed
Midterm Exam - 12/21/2015 - 78% of students assessed reached proficiency level. <b>Expected Student Performance Met:</b> Yes <b>Related Documents:</b> <a href="#">HP180 CLO1.pdf</a>	12/21/2015 - No action needed at this time as expected outcome has been met.		2015-2016 (Fall 2015)
Midterm Exam - 01/16/2015 - 82% of students assessed performed at the proficiency level. <b>Expected Student Performance Met:</b> Yes <b>Related Documents:</b> <a href="#">HP180.CLO1.PDF</a>	03/30/2015 - No action needed at this time as the expected outcome has been met. Instructor will continue to monitor and make changes as needed to improve course and increase the percentage of students that reach proficiency level.  01/16/2015 - No action needed at this time as expected outcome has been met.		2014 - 2015 (Fall 2014)
Midterm Exam - 12/30/2013 - 82% of students assessed were performing at the proficiency level. <b>Expected Student Performance Met:</b> Yes <b>Related Documents:</b> <a href="#">hp180 midterm.pdf</a>	02/09/2014 - No action needed at this time.		2013 - 2014 (Fall 2013)

**CLO: HP 180 - Personal & Social Health: CLO 2**

Attain skills necessary to make critical decisions regarding health-related issues.

**CLO Assessment Cycle:** 2014-2015 (Spring 2015)**CLO Status:** Active

Means of Assessment			
Means of Assessment	Expected Student Performance	Notes	Active
Demonstrate knowledge necessary to make critical decisions regarding health-related issues. <b>Signature assignment:</b> Midterm Exam	70% of the students assessed will perform at the proficiency level.		Yes

Results			
Summary of Data Collected	Use of Results	Follow-Up	Semester Assessed
Midterm Exam - 12/21/2015 - 100% of students assessed reached proficiency level. <b>Expected Student Performance Met:</b> Yes <b>Related Documents:</b> <a href="#">HP180 CLO2.pdf</a>	12/21/2015 - No action needed at this time as expected outcome has been met.		2015-2016 (Fall 2015)
Midterm Exam - 01/16/2015 - 100% of students assessed performed at the proficiency level. <b>Expected Student Performance Met:</b> Yes <b>Related Documents:</b> <a href="#">HP180.CLO2.PDF</a>	03/30/2015 - No action needed at this time as the expected outcome has been met. Instructor will continue to monitor and make changes as needed to improve course and maintain the percentage of students that reach proficiency level. 01/16/2015 - No action at this time as expected outcome has been met.		2014 - 2015 (Fall 2014)
Midterm Exam - 12/30/2013 - 82% of the students assessed performed at the proficiency level. <b>Expected Student Performance Met:</b> Yes <b>Related Documents:</b> <a href="#">hp180 midterm.pdf</a>	02/09/2014 - No action needed at this time.		2013 - 2014 (Fall 2013)

**CLO: HP 180 - Personal & Social Health: CLO 3**

Explain the physical and mental benefits of healthy body in relation to physical fitness and nutrition.

**CLO Assessment Cycle:** 2014-2015 (Spring 2015)**CLO Status:** Active

Means of Assessment			
Means of Assessment	Expected Student Performance	Notes	Active

Means of Assessment			
Means of Assessment	Expected Student Performance	Notes	Active
Demonstrate understanding by describing the physical and mental benefits of a healthy body in relation to physical fitness and nutrition. <b>Signature assignment:</b> Final Exam	70% of the students assessed will perform at the proficiency level.		Yes

Results			
Summary of Data Collected	Use of Results	Follow-Up	Semester Assessed
Final Exam - 12/21/2015 - 90% of students assessed reached proficiency level <b>Expected Student Performance Met:</b> Yes <b>Related Documents:</b> <a href="#">HP180 CLO3.pdf</a>	12/21/2015 - No action needed at this time as the expected outcome has been met.		2015-2016 (Fall 2015)
Final Exam - 01/16/2015 - 100% of students assessed performed at the proficiency level. <b>Expected Student Performance Met:</b> Yes <b>Related Documents:</b> <a href="#">HP180.CLO3.PDF</a>	03/30/2015 - No action needed at this time as the expected outcome has been met. Instructor will continue to monitor and make changes as needed to improve course and maintain the percentage of students that reach proficiency level.		2014 - 2015 (Fall 2014)
Final Exam - 12/30/2013 - 64% of the students performed at the proficiency level. <b>Expected Student Performance Met:</b> No <b>Related Documents:</b> <a href="#">hp180 final.pdf</a>	12/30/2013 - The 70% expected students performance was not met; have more final review sessions with students for this particular CLO; continue the course as it is and put more time for review the next time the course is offered.		2013 - 2014 (Fall 2013)

#### CLO: HP 180 - Personal & Social Health: CLO 4

Describe characteristics of a psychologically healthy person and explain why stress may cause physical or psychological disorders.

**CLO Assessment Cycle:** 2014-2015 (Spring 2015)

**CLO Status:** Active

Means of Assessment			
Means of Assessment	Expected Student Performance	Notes	Active
Explain the characteristics of a psychologically healthy person and how stress may cause physical or psychological disorders. <b>Signature assignment:</b> Midterm Exam	70% of the students assessed will perform at the proficiency level.		Yes

Results			
Summary of Data Collected	Use of Results	Follow-Up	Semester Assessed
Midterm Exam - 12/21/2015 - 83% of students assessed reached proficiency level.	12/21/2015 - No action needed at this time as the		2015-2016 (Fall

Results			
Summary of Data Collected	Use of Results	Follow-Up	Semester Assessed
<b>Expected Student Performance Met:</b> Yes <b>Related Documents:</b> <a href="#">HP180 CLO4.pdf</a>	expected outcome has been met.		
Midterm Exam - 01/16/2015 - 83% of students assessed performed at the proficiency level. <b>Expected Student Performance Met:</b> Yes <b>Related Documents:</b> <a href="#">HP180.CLO4.pdf</a>	03/30/2015 - No action needed at this time as the expected outcome has been met. Instructor will continue to monitor and make changes as needed to improve course and increase the percentage of students that reach proficiency level. 01/16/2015 - No action at this time as expected outcome has been met.		2014 - 2015 (Fall 2014)
Midterm Exam - 12/30/2013 - 82% of the students assessed performed at the proficiency level. <b>Expected Student Performance Met:</b> Yes <b>Related Documents:</b> <a href="#">hp180 midterm.pdf</a>	02/09/2014 - No action needed at this time.		2013 - 2014 (Fall 2013)

**CLO: HP 180 - Personal & Social Health: CLO 5**

Differentiate infectious and noninfectious diseases including sexually transmitted diseases (STDs) and HIV infection –AIDS and discuss their causes, transmission, symptoms, treatments, and prevention.

**CLO Assessment Cycle:** 2014-2015 (Spring 2015)

**CLO Status:** Active

Means of Assessment			
Means of Assessment	Expected Student Performance	Notes	Active
Differentiate infectious and noninfectious diseases and discuss their management. <b>Signature assignment:</b> Final Exam	70% of the students assessed will perform at the proficiency level.		Yes

Results			
Summary of Data Collected	Use of Results	Follow-Up	Semester Assessed
Final Exam - 12/21/2015 - 86% of students assessed reached proficiency level. <b>Expected Student Performance Met:</b> Yes <b>Related Documents:</b> <a href="#">HP180 CLO5.pdf</a>	12/21/2015 - No action needed at this time as the expected outcome has been met.		2015-2016 (Fall 2015)
Final Exam - 01/16/2015 - 79% of students assessed performed at the proficiency level. <b>Expected Student Performance Met:</b> Yes <b>Related Documents:</b>	03/30/2015 - No action needed at this time as the expected outcome has been met. Instructor will continue to monitor and make changes as needed to improve course and increase the percentage of students that reach proficiency level.		2014 - 2015 (Fall 2014)

Results			
Summary of Data Collected	Use of Results	Follow-Up	Semester Assessed
<a href="#">HP180.CLO5.PDF</a>	01/16/2015 - No action at this time as expected outcome has been met.		
Final Exam - 12/30/2013 - 64% of students assessed performed at the proficiency level <b>Expected Student Performance Met:</b> No <b>Related Documents:</b> <a href="#">hp180 final.pdf</a>	12/30/2013 - Since the 70% expected outcome was not met, more review sessions to prepare students is needed before the final exam. Important note - final exam was given to students after rescheduling of final exam period this semester after Super Typhoon Haiyan; more time was given to students, however, students didn't use the time to prepare for the exams. It is important to know and understand that when more time is given, some of those times are spent for other matters and not concentrating on studying. More time will be given to students the next time this course is offered and the more times will be supervised by the instructor.		2013 - 2014 (Fall 2013)

### CLO: HP 180 - Personal & Social Health: CLO 6

Identify reasons why people use drugs and list effects and dangers of drugs of abuse including alcohol and tobacco.

**CLO Assessment Cycle:** 2014-2015 (Spring 2015)

**CLO Status:** Active

Means of Assessment			
Means of Assessment	Expected Student Performance	Notes	Active
Demonstrate understanding of drug use and abuse and its effects. <b>Signature assignment:</b> Final Exam	70% of the students assessed will perform at the proficiency level.		Yes

Results			
Summary of Data Collected	Use of Results	Follow-Up	Semester Assessed
Final Exam - 12/21/2015 - 70% of students assessed reached proficiency level. <b>Expected Student Performance Met:</b> Yes <b>Related Documents:</b> <a href="#">HP180 CLO6.pdf</a>	12/21/2015 - No action at this time as the expected outcome has been met.		2015-2016 (Fall 2015)
Final Exam - 01/16/2015 - 100% of students assessed performed at the proficiency level. <b>Expected Student Performance Met:</b> Yes <b>Related Documents:</b> <a href="#">HP180.CLO6.PDF</a>	03/30/2015 - No action needed at this time as the expected outcome has been met. Instructor will continue to monitor and make changes as needed to improve course and maintain the percentage of students that reach proficiency level. 01/16/2015 - No action at this time as expected outcome has been met.		2014 - 2015 (Fall 2014)

## Results

Summary of Data Collected	Use of Results	Follow-Up	Semester Assessed
<p>Final Exam - 12/30/2013 - 64% of students assessed performed at the proficiency level.</p> <p><b>Expected Student Performance Met:</b> No</p> <p><b>Related Documents:</b> <a href="#">hp180 final.pdf</a></p>	<p>12/30/2013 - Since the 70% expected outcome was not met, more time will be spent with students to review before the final exam. Important note - students were given more time during the final exam period when rescheduling of the final exam period during this semester was changed due to Super Typhoon Haiyan. More time will be given to students, however, this will be supervised time by the instructor. The time was given to students, however, without the supervision of the instructor, students were doing other things than using the time to prepare for the exams.</p>		<p>2013 - 2014 (Fall 2013)</p>