

COURSE OUTLINE

PRINCIPLES OF SOCIAL HEALTH

Course Title

CPH 153

Dept. & Course No.

I. COURSE DESCRIPTION:

This course introduces the concepts, definition, principles, and main functions of Social Health, including the determinants that forge the relationship between health and the evolution in life of individuals and society as a whole. Topics that will be covered include: food as a political issue; poverty; social exclusion; and minorities.

II. SEMESTER CREDITS: 3

III. CONTACT HOURS PERWEEK: Lecture: 3 Lab: 0 Total: 3

IV. PREREQUISITE: CPH 101

V. STUDENT LEARNING OUTCOMES: VI. COURSE CONTENTS:

Upon completion of this course the student will be able, with 65% level of accuracy, to:

1. Discuss and describe definitions and principles of: societal organization-gradients-support-cohesion with regard to the psychosocial environment and health.
 - A. Definition and principles of:
 1. Societal organization
 2. Societal gradients
 3. Societal support
 4. Societal cohesion
 5. Psychosocial environment
 - B. Definitions and details of:
 1. Societal exclusion
 2. Societal minorities
 3. Ethnic/racial inequalities
 4. Social vulnerability
 - C. Impact on health of:
 1. Older age
 2. Neighborhoods and housing
 3. Food as a political issue
 4. Cigarette and smoking in general
 5. Employment and unemployment
2. Define and discuss poverty; societal exclusion; minorities; ethnical/ racial inequalities; social vulnerability; as they relate to health.
3. Describe and discuss how issues such as: age; housing; food; cigarette smoking; employment impact on social health.

VII. EQUIPMENT AND MATERIALS:

1. Projector
2. Routine classroom materials
3. 1 USB storage device (at least 1 GB)—student-furnished

VIII. TEXT:

Required Text: Marmot M., Wilkinson R. G. – Social Determinants of Health. Oxford University Press, 2005 [ISBN: 978-0-19-856 589-5]

IX. METHODS OF INSTRUCTION:

1. Lecture
2. Group work on practical classroom exercises
3. Questions and Answers (Discussion) and/or Guest Speakers

X. METHOD OF EVALUATION:

1. Description	Points
a. Class participation and assignments	25%
b. Tests/Quizzes	25%
c. Mid-term Exam	25%
d. Final Exam	<u>25%</u>
Total	100%
2. Transmutation of percent to letter grade	
a. 90-100	A
b. 80-89	B
c. 70-79	C
d. 65-69	D
e. 0-64	F

Palau Community College
CPH 153 Principles of Social Health
Course Learning Outcomes

During the course experience, the *course learning outcomes* (CLOs) will be assessed through the use of signature assignments. A rating scale will be used to determine the students' proficiency level of each CLO using specifically aligned assignments. The numerical ratings of 4, 3, 2 and 1 are not intended to represent the traditional school grading system of A, B, C, D and F. The descriptions associated with each of the numbers focus on the level of student performance for each of the course learning outcomes listed below.

Rating Scale: 4. Exceeds Expectations 2. Developing
 3. Meets Expectations 1. Below Expectations

CLO#1: Students will be able to discuss and describe definitions and principles of relevant societal determinants of health.

4	Perform all of the following tasks accurately and completely: <ul style="list-style-type: none"> • Define societal organization and gradients • Discuss societal support and cohesion • Define and discuss the psychosocial environment • Elaborate on the relation of the above determinants and health
3	Perform the tasks mentioned above with mixed quality, but most are adequate and complete.
2	Perform the tasks mentioned above with mixed quality, but most are inadequate or incomplete.
1	Unable to perform the tasks mentioned above.

CLO#2: Students will be able to define and discuss poverty; societal exclusion; minorities; ethnical/ racial inequalities; social vulnerability; as they relate to health..

4	Perform all of the following tasks accurately and completely: <ul style="list-style-type: none"> • Identify and describe the different styles of leadership • Identify methods of coordinating team activities, duties, and tasks • Understand and apply factors that motivate team member to work • Describe ways to reduce factors that cause dissatisfaction in a team
3	Perform the tasks mentioned above with mixed quality, but most are adequate and complete.
2	Perform the tasks mentioned above with mixed quality, but most are inadequate or incomplete.
1	Unable to perform the tasks mentioned above.

CLO#3: Students will be able to describe and discuss how issues such as: age; housing; food; cigarette smoking; employment impact on social health.

4	Perform all of the following tasks accurately and completely <ul style="list-style-type: none"> • Define and describe age and housing as social determinants of health • Describe and discuss how food can be a political issue • Describe the relevance of smoking and its impact on society • Elaborate on how the above societal determinants affects health in society
3	Perform the tasks mentioned above with mixed quality, but most are adequate and complete.
2	Perform the tasks mentioned above with mixed quality, but most are inadequate or incomplete.
1	Unable to perform the tasks mentioned above.