

**Format CO
COURSE OUTLINE**

Basic Nursing Concepts

Course Title

NU102

Dept. & Course No.

I. COURSE DESCRIPTION:

Introduces the nursing process, concepts, and skill for the nurse in caring for adult client who requires minimal adaptation to meet needs resulting from altered states of wellness. Focuses on the needs of the elderly includes the following: safety, asepsis, communication, mental health and crisis, nutrition, fluids and electrolytes, elimination, pharmacology, body mechanics and mobility. Successful completion of Nursing Math Module is a requirement. Pre: SC 159B with at least a "C" grade (2 credits lec, 2 credits lab).

II. SEMESTER CREDITS: 4

III. CONTACT HOURS PER WEEK: 2 6 8
Lecture Lab Total

IV. PREREQUISITE: SC159B with at least a "C" grade

V. STUDENT LEARNING OUTCOMES: COURSE CONTENT:

At the completion of this course, the student should be able to perform the following functions with at least 65% accuracy.

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| 1. Define the aspects of nursing & state the importance of the standards of nursing practice; identify 4 major areas within the scope of nursing practice; identify the purposes of nursing theory in nursing education, research, & clinical practices, & describe the nurse's role in protecting the rights of human subjects in research. | A. The nature of nursing. |
| 2. Differentiate health promotion, from health protection or illness; describe common behaviors and factors affecting a person's health and illness; describe various ways in which values; beliefs, and attitudes are learned and professional values are incorporated in nursing codes of ethics; describe the basic concepts of alternative practices. | B. Health beliefs & practices |

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| 3. Describe ways nurses practice acts, credentialing, standards of care, and agency policies & procedures affect the scope of nursing process; recognize the nurse's legal responsibilities with selected aspects of nursing practice, discuss the legal responsibilities of nursing students; discuss common ethical issues currently facing health care professionals; discuss the advantages of & concerns about computerized client documentation systems. | C. Legal & ethical aspects of |
| 4. Describe the significance of developing critical thinking abilities in order to practice safe, effective, & professional nursing care; describe the actions of clinical reasoning in the implementation of the nursing process. | D. Critical thinking & clinical reasoning |
| 5. State the purpose of assessing List objective and subjective data; variable and constant data. Describe the importance of assessing to nursing diagnosis. | E. Assessing |
| 6. Define the term "nursing diagnosis". Differentiate medical and nursing diagnoses. Describe and formulate nursing diagnoses for various patients with different health problems. | F. Diagnosing |
| 7. Describe the essential aspects of the planning phase of the nursing process. Name four components of planning. | G. Planning |
| 8. Differentiate independent, dependent, and collaborative nursing actions/ interventions. State the essential guidelines for implementing nursing strategies. | H. Implementing |

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| 9. List various methods used to evaluate nursing care. Describe the steps involved in re-examining the client's care plan both when goals are met and when they are not met. | I. Evaluating |
| 10. Name seven purposes of client records. Differentiate between narrative, SOAP, focus charting, and charting by exception. List abbreviations and symbols commonly used for charting. State the essential guidelines for reporting patient data. | J. Documenting and reporting. |
| 11. Define terms and abbreviations used when measuring body temperature, pulse, respirations, and blood pressure. State the normal ranges of the above vital signs. | K. Assessing Vital Signs |
| 12. States essential facts about spiritual beliefs and religious practices as they relate to health care. Describe facts about nursing interventions to support patient's spiritual beliefs and religious practices. | L. Spiritual and religious belief. |
| 13. Identify types and categories of pain according to location, etiology, and duration. | M. Pain Management |
| 14. State the importance of using good body mechanics by both patient and the nurse. List nursing interventions to maintain, promote, or restore normal body mechanics, alignment and ambulation. | N. Activity and exercise |
| 15. List interventions that promote normal sleep. Explain the physiologic basis of sleep. Describe NREM and REM sleep. | O. Rest and sleep |
| 16. Define nutrition, metabolism, and energy requirements and explain their relationship. Describe clinical signs of inadequate and excess nutritional. | P. Nutrition |
| 17. List factors that influence fecal and urinary elimination and patterns of defecation and urination. List measures | Q. Fecal and urinary elimination |

that maintain normal fecal and urinary elimination patterns. Describe common alterations in both urinary and fecal elimination.

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| 18. List causes and signs of three kind of sensory disturbance. Explain interventions that help the patient adapt to altered sensory function and decrease further sensory loss. | R. Sensory perception and cognition. |
| 19. Define terms commonly used to describe wounds. List factors that affect wound healing and strategies used by nurses to promote wound healing. Describe assessment criteria of a clean, healing wound. | S. Wound care & Asepsis |
| 20. Describe the phases of the perioperative period and outline the various aspects of perioperative assessment. List the essential nursing responsibilities included in planning perioperative nursing care. List potential post-operative complications and describe nursing interventions to prevent them. | T. Pre-operative care |
| 21. Describe various routes of drug administration and the essential steps in safely administering various topical, parenteral, oral, and other medications. List five essential steps to follow when administering drugs. | U. Medication |
| 22. Outline measures to prepare the patient physically and emotionally for specific procedures. List nursing responsibilities during selected procedures and also describe guidelines for evaluating and recording patient responses after special procedures. | V. Special Studies
Materials to be given. |

MATERIALS AND EQUIPMENT:

Routine classroom materials
Stethoscope
Second hand watch
Pair of medical scissors

TEXTS:

Required text: Audrey Berman, Shirlee Snyder, & GERALYN FRANDSEN, *Fundamentals of nursing: concepts, process & practice*, St. Louis, Missouri, Pearson, 2016.

METHOD OF INSTRUCTION:

Lecture
Class Discussion
Supervised clinical practice
Assigned papers and projects

METHOD OF EVALUATION:

Quizzes/tests	20%
Papers and projects	10%
Mid-term	15%
Final Exam	15%
Clinical Evaluation	<u>40%</u>
	100%

Transmutation of percent to letter-grade is as follows:

90 – 100	= A
80 – 89	= B
70 – 79	= C
65 – 69	= D

A grade of at least a “C” is required for passing

**Format NC-2
TASK LISTING SHEET**

Fundamentals of Nursing
NU102
 Course No. & Title

Credits: 2
 Lec.

2
 Lab

96
 Total Lab Hr.

SLOs and accompany tasks.

SLO #1:

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| 1. Supervised practice of nursing based on the standards of nursing practice. | 6 hrs. |
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SLO #2:

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| 1. List factors and behaviors that affect a person's health and illness. | 1 hr. |
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SLO #3:

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| 1. Supervised practice of nursing to include the ethical aspects of nursing practice. | 6 hrs. |
| 2. List legal responsibilities of students, legal responsibilities in nursing, selected legal facets of nursing, and legal protections for nurses. | 1 hr. |

SLO #4:

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| 1. Apply critical thinking skills when delivering patient care | 1 hr |
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SLO #5:

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| 1. List the purpose and activities of all the steps in the nursing process. | 1 hr. |
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SLO #6:

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| 1. Formulate nursing diagnoses for patients with various health problem using the nursing process. | 1 hr. |
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SLOs #7 & #8:

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| 1. Write nursing care plans of patients suffering with various disease/illnesses using the nursing process. | 1 hr. |
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SLO #9:

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| 1. Revise nursing care plans for patients with a variety of illnesses using the nursing process. | 1 hr. |
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SLO #10:

1. Write nursing notes using various methods of charting. 6 hrs.
2. Use proper reporting techniques when reporting patient data.

SLO #11:

1. Demonstrate proper techniques of assessing vital signs to include temperature, pulse, respiration, and blood pressure under instructor supervision. 12 hrs.
2. Use proper/right terms and abbreviations when recording vital signs.

SLO #12:

1. Include spiritual and religious beliefs when caring for patients and when developing nursing care plans for patients. 6 hrs.

SLO #13:

1. Include pain management in patient's care plan; use different approach in the management of pain 2hrs.

SLOs #14 & #15:

1. Make a list of interventions that promote rest and normal sleep, demonstrate use of good body mechanics when performing physical work and activities. 2 hrs.

SLO #16:

1. Write a nursing care plan for patients with nutritional deficiencies or excesses. 2 hrs.
2. NG tube insertion and tube feeding.

SLO #17:

1. Write a nursing care plan for a patient with fecal and or urinary elimination problems. 1 hr.

SLO #18:

1. Assist patients to adapt to altered sensory functions and write nursing care plans for selected sensory dysfunctions. 12 hrs.

SLO #19:

1. Write nursing care plans for different types of wounds. 2 hrs.
2. List interventions necessary to promote wound healing.

SLO #20:

1. Assist with peri-operative care and post-operative care of surgical patients under instructor supervision. 12 hrs.
2. List and describe post-operative complications and assist patients in performing procedures /techniques to prevent these complications.

SLO #21:

1. State the five steps to follow when administering drugs and practice them whenever giving medications. 18 hrs.

SLO #22:

1. Assist patients to get them prepared for selected special studies/procedures. 2 hrs.

Palau Community College
NU102 – Basic Nursing Concepts
Course Learning Outcomes

During the course experience, the *course learning outcomes* (CLOs) will be assessed through the use of signature assignments. A rating scale will be used to determine the students' proficiency level of each CLO using specifically aligned assignments. The numerical ratings of 4, 3, 2 and 1 are not intended to represent the traditional school grading system of A, B, C, D and F. The descriptions associated with each of the numbers focus on the level of student performance for each of the course learning outcomes listed below.

Rating Scale:

- 4 = Insightful
 3 = Proficient
 2 = Developing
 1 = Emerging

CLO #1: Describe the aspects of nursing practice that affect the scope of nursing.

Insightful (4)	Demonstrate clear understanding of the importance of standards for nursing practice
Proficient (3)	Describe four areas within the scope of nursing practice
Developing (2)	State the rights and obligations associated with the nurse's legal roles
Emerging (1)	Could not distinguish between standards of care, agency policy and nurse practice acts

CLO #2: Examine common ethical issues that nurses and other healthcare providers face.

Insightful (4)	<ul style="list-style-type: none"> • Demonstrate clear understanding of the common ethical issues affecting healthcare delivery
Proficient (3)	<ul style="list-style-type: none"> • Able to differentiate/distinguish between ethical and legal issues in nursing
Developing (2)	<ul style="list-style-type: none"> • Able to list/identify common ethical issues in nursing
Emerging (1)	<ul style="list-style-type: none"> • Couldn't list/identify common ethical issues in nursing

CLO #3: Analyze the steps of the nursing process.

Insightful (4)	<ul style="list-style-type: none"> • Demonstrate clear understanding of the importance of the nursing process
Proficient (3)	<ul style="list-style-type: none"> • Apply nursing process in the care of patient(s)
Developing (2)	<ul style="list-style-type: none"> • Formulate a care plan using the nursing process
Emerging (1)	<ul style="list-style-type: none"> • List/describe the components of the nursing process

CLO #4: Demonstrate understanding of the nursing role in caring for the patients undergoing various medical procedures.

Insightful (4)	<ul style="list-style-type: none">• Demonstrate clear understanding of various nursing roles in caring for patients undergoing different medical procedures
Proficient (3)	<ul style="list-style-type: none">• Prepare the client physically and emotionally for surgery/specific procedure
Developing (2)	<ul style="list-style-type: none">• Describe/outline nursing measures for client scheduled for surgery/specific medical procedure
Emerging (1)	<ul style="list-style-type: none">• Couldn't describe/outline nursing roles/measures to prepare client for surgery/specific medical procedure