

## COURSE OUTLINE

Physical Assessment

Course Title

NU104

Dept. & Course No.

### I. COURSE DESCRIPTION

This course is designed to provide the student of nursing with the knowledge & skills necessary to competently take a Health history perform a head -to-toe exam, accurately record the findings and report deviations from normal to the proper health care provider. The findings provide the basis for planned health education.

### II. SEMESTER CREDITS: 1

### III. CONTACT HOURS PER WEEK: 1                      0                      1

Lecture                      Lab                      Total

### IV. Prerequisite: SC159B with at least a "C" grade

### V. STUDENT LEARNING OUTCOMES:

### IV. COURSE CONTENT:

Upon completion of this course the student will be able, with 65% accuracy, to:

- |  |   |
|--|---|
| 1. Complete a thorough health history on a person of any age   | A. Taking the health history<br>1. System review<br>2. Family, environmental & work history   |
| 2. Locate and name the major anatomical land marks on the human body with 90% accuracy   | B. Physical exam<br>1. Assessment by systems & areas<br>2. Recording of data<br>a. Reporting pertinent findings<br>b. Health teaching related to findings |
| 3. Demonstrate the ability to practice the 4 methods of physical assessment: observation, palpation, percussion & auscultation, with increasing proficiency and reasonable confidence. | C. Four methods of physical assessment  |
| 4. Differentiate between normal & abnormal findings on a head-to-toe exam with 70% accuracy and with increasing proficiency.   | D. Normal & Abnormal Findings   |
| 5. Begin to recognize findings that require immediate referral to a more highly qualified health care provider.  | E. Findings Requiring Immediate Attention   |

## VII. MATERIALS AND EQUIPMENT:

None- (hospital will provide space & equipment)

## VIII. TEXTS

A. Text:

Jarvis, Carolyn Pocket Companion for Physical Examination and Health Assessment Philadelphia: W.B. Saunders Company: 2000.

## IX. METHOD OF INSTRUCTION:

A. Lecture, demonstration and practice.

## X. METHOD OF EVALUATION:

1.	Tests	60%
2.	Demonstration of Assessment method	20%
3.	Evaluation and recording of findings	<u>20%</u>
	Total	100%

Transmutation of percent to letter-grade is as follows:

90 – 100%	*****	A
80 - 89%	*****	B
70 - 79%	*****	C
65 – 69%	*****	D
0 – 64%	*****	F

**Palau Community College**  
**NU104 Physical Assessment**  
**Course Learning Outcomes**

During the course experience, the *course learning outcomes* (CLOs) will be assessed through the use of signature assignments. A rating scale will be used to determine the students' proficiency level of each CLO using specifically aligned assignments. The numerical ratings of 4, 3, 2 and 1 are not intended to represent the traditional school grading system of A, B, C, D and F. The descriptions associated with each of the numbers focus on the level of student performance for each of the course learning outcomes listed below.

**Rating Scale:**

4	=	Insightful
3	=	Proficient
2	=	Developing
1	=	Emerging

**CLO #1: Students will be able to evaluate a client's health history.**

4	Obtains client's health history & analyzes the data obtained
3	Analyzes data obtained from client health history assessment
2	Assesses client's health history using system review method
1	Interviews client using mostly closed-ended questions

**CLO #2: Students will be able to assess major landmarks of the human body.**

4	Locates and names the major land marks on the human body
3	Locates the major land marks on the human body
2	Names the major land marks on the human body
1	Unable to name nor locate the major land marks on the human body

**CLO #3: Students will be able to perform a physical assessment on a chosen client.**

4	Describes and demonstrates complete/thorough physical assessment using 4 different techniques.
3	Describes the 4 different techniques of physical assessment
2	Lists the 4 techniques of physical assessment
1	Unable to list or describe the 4 techniques of physical assessment

**CLO #4: Recognize abnormal findings from head-to-toe assessment on a chosen client.**

4	Demonstrates clear understanding of a normal of head-to-toe assessment
3	Differentiates/distinguishes abnormal findings from normal findings in a head-to-toe assessment
2	Detects abnormal findings in a head-to-toe assessment
1	Unable to distinguish abnormal findings from normal findings in a head-to-toe assessment