

COURSE OUTLINE

Patient/Family Health Education

Course Title

NU105

Dept. & Course No.

I. COURSE DESCRIPTION

This course is designed to present sound adult educational techniques to nursing students. It will equip students with skills required to teach patients and their families about their illness or condition so they can be involve in their health own health maintenance.

II. SEMESTER CREDITS: 1

III. CONTACT HOURS PER WEEK: 1 0 1
Lecture Lab Total

IV. PREREQUISITES: Admission to the NU Program

V. STUDENT LEARNING OUTCOMES:

IV. COURSE CONTENT:

Up on completion of the course, the student will be able, with 65% accuracy, to:

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|---|---|
| 1. Describe the nurse's role and responsibility in the patient/family education. | A. Patient & Family Education
1. Informed client as partner in treatment process
2. Process in-patient care |
| 2. Identify and discuss opportunities for patient/family health teaching during routine clinical encounters. | B. Opportunities for Health Teaching
1. Patient Interaction
2. Knowledge of condition
3. Patient's motivation to deal with own condition
4. Patient's needs |
| 3. Discuss low literacy skills in patients or family caregivers and design effective teaching methods to circumvent this situation. | C. Designing Effective Teaching Method & Materials |
| 4. Assess the degree of patient/family understanding of information and evaluate teaching effectiveness. | D. Patient's Understanding of Given Information |
| 5. Discover mutual goals with patient/family and help develop plans to best meet the patient's needs. | E. Shared Decision-Making |
| 6. Adhere to the principles of confidentiality of acquired information in all interactions with patients and their families. | F. Confidentiality |

V. MATERIALS AND EQUIPMENT

- A. Writing materials (Notebooks & Pens/Pencils)

VII. TEXT AND REFERENCES

Instructor provided handouts

VIII. METHOD OF INSTRUCTION

- 1. Lecture
- 2. Groups/Class Discussions & Individual Projects

VIII. METHOD OF EVALUATION

A. Projects	50%
B. Midterm	25%
C. Final Project	<u>25%</u>
	100%

Transmutation of percent to letter-grade is as follows:

- 90 – 100 = A
- 80 – 89 = B
- 70 – 79 = C
- 65 – 69 = D
- 0 – 64 = F

Palau Community College
NU105 Patient/Family Health Assessment
Course Learning Outcomes

During the course experience, the *course learning outcomes* (CLOs) will be assessed through the use of signature assignments. A rating scale will be used to determine the students' proficiency level of each CLO using specifically aligned assignments. The numerical ratings of 4, 3, 2 and 1 are not intended to represent the traditional school grading system of A, B, C, D and F. The descriptions associated with each of the numbers focus on the level of student performance for each of the course learning outcomes listed below.

Rating Scale:

4	=	Insightful
3	=	Proficient
2	=	Developing
1	=	Emerging

CLO #1: Students will be able to describe the nurse's role in health education.

4	Describes/performs the nurse's role/responsibility in the patient health assessment/education
3	Informs the patient/family of the actions and side effects of medications/treatments
2	Keeps the patient informed of his/her health progress
1	Unable to perform/describe the nurse's role/responsibility in the patient health assessment/education

CLO #2: Students will be able to design an effective health teaching method for patient/family with learning disability.

4	Initiates discussions of the health teaching need(s) that are identified & designs/develops effective teaching method/lesson plan to overcome the patient/family disability
3	Discusses opportunities for patient/family health teaching & identifies their learning disability.
2	Identifies patient/family health teaching need(s)
1	Unable to identify patient/family health teaching need(s)

CLO #3: Students will be able to evaluate own health teaching.

4	Assesses the degree of the patient/family understanding of the health teaching/information given and evaluates the effectiveness of the teaching method used and modifies, revises and improves it
3	Identifies the areas of the nursing care plan or nursing actions/health teaching that needs to be modified, revised, improved or discontinued
2	Assesses the patient/family's understanding of the health teaching/information given
1	Unable to assess the patient/family's degree of understanding of the health teaching given