

COURSE OUTLINE

Child Health Nursing II

Course Title

NU108

Dept. & Course No.

I. COURSE DESCRIPTION:

This is the second course in Child Health Nursing. It presents to the students specific diseases and conditions requiring hospitalization, outpatient care, or home involvement. Emphasis is on interpersonal relationships with family members, a positive, yet gentle approach to the patient, developing skills in dealing with a grieving family, emergency intervention and procedures to follow for referral for care at a distant location. Pre: NU 103 with at least a C grade (1 credit lec, 1 credit lab)

II. SEMESTER CREDITS: 2

III. CONTACT HOURS PER WEEK: 1 3 4

IV. PREREQUISITE: NU103 with at least a "C" grade

V. STUDENT LEARNING OUTCOMES:

VI. COURSE CONTENT

Upon completion of the course, the student will be able, with 65% accuracy, to:

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| 1. Describe the kinds of health care available for the acutely ill, the chronically ill and the convalescing child in Palau/Micronesia. | A. Health Care & Adaptation for Children & Their Families |
| 2. List the characteristics of the normal neonate (birth to 6 weeks of age) with at least one deviation from deviation from norms for each of the 8 body systems. | B. Initial Assessment & Monitoring of the Newborn |
| 3. Accurately check for and recognize signs that indicate the neonate is in distress and in need of immediate medical intervention. | C. The High-Risk Neonate |
| 4. List and define the more common disorders of the neonatal period. Describes special techniques used when caring for an infant with special needs. Give thorough, comprehensive care to the emotional needs of family members during this stressful time. | D. Disorders of the Newborn & Congenital Malformations |
| 5. Recognize and report disorders or diseases common to the infant (birth through one year of age). Give thorough, comprehensive care to the sick infant and tend to the emotional needs of family members during this stressful time. | E. Disorders of the Infant |
| 6. Demonstrate an understanding of the emotional aspects of caring for a 12 to 36 month old child requiring hospitalization. Teach a group of parents about the dangers of the active, exploring child is likely to encounter and help them develop ways to protect these little ones. | F. Disorders of the Toddler |

7. Demonstrate a beginning knowledge of the diseases and conditions common to the pre-school child. Prepare nursing care plans for two hypothetical patients with common but serious illness.
8. List and describe illness/disorders most frequently found in children in the 6 to 12 year of age range
9. List and describe the most common disorders seen disorders seen in teenagers during this very important and often unsettling time in their lives. Describe the nurses' roles in communicating with hospitalized adolescents and in preparing a health education class for teenagers in the community.

- G. Disorders of the Pre-school Child
- H. Disorders of the School Age Child
- I. Disorders of Adolescents

VII. MATERIALS AND EQUIPMENT:

1. Routine Classroom Materials.
2. Stethoscope,
3. Wrist Watch with second hand.

VIII. TEXT AND REFERENCES:

Leifer, G. (2011). *Introduction to maternity & pediatric nursing* (6th ed.). St Louis, MO: Elsevier.

IX. METHOD OF INSTRUCTION:

1. Lecture
2. Class Projects
3. Patient Care Practice with Instructor's Supervision in the hospital and other Medical Clinics.

X. METHOD OF EVALUATION:

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| A. | Quizzes | 20% |
| | Class Projects | 10% |
| | Midterm Exam | 15% |
| | Final Exam | 15% |
| B. | Weekly clinical evaluation | 40% |
| | | 100% |

Transmutation of percent to letter-grade is as follows:

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| 90 – 100 | = A |
| 80 – 89 | = B |
| 70 – 79 | = C |
| 65 – 69 | = D |
| 0 – 64 | = F |

**Format NC-2
TASK LISTING SHEET**

| <u>NU108 Child Health Nursing II</u> Course No. & Title | <u>Credits:</u> | <u>1</u> Lec | <u>1</u> Lab | <u>48</u> Total lab hrs |
|---|-----------------|-----------------|-----------------|------------------------------|
| Laboratory: Student Learning Outcomes & Accompanying tasks. | | | | Total hours for each outcome |
| Outcome #1: | | | | |
| 1. Develop care plan for the sick child and his/her family in various health care facilities. | | | | 4 hrs. |
| Outcome #2, #3, & #4 | | | | |
| 1. Physical assessment of the newborn to include normal and high-risk neonates. | | | | 20 hrs. |
| Outcome #5 | | | | |
| 1. Care for infants with a variety of medical diagnoses. | | | | 8 hrs. |
| Outcome #6 | | | | |
| 1. Plan and present a teaching/learning class to inform parents of the hazards to avoid with a toddler in the home. | | | | 4 hrs. |
| Outcome #7 & #8 | | | | |
| 1. Make a hospital rounds with medical staff as hospitalized children are examined and their progress is discussed. | | | | 8 hrs. |
| Outcome #9 | | | | |
| 1. Plan, prepare, and present a Health Education class for a group of adolescents in the community | | | | 4hrs. |

**Palau Community College
NU108 Child Health Nursing II
Course Learning Outcomes**

During the course experience, the **course learning outcomes** (CLOs) will be assessed through the use of signature assignments. A rating scale will be used to determine the students' proficiency level of each CLO using specifically aligned assignments. The numerical ratings of 4, 3, 2 and 1 are not intended to represent the traditional school grading system of A, B, C, D and F. The descriptions associated with each of the numbers focus on the level of student performance for each of the course learning outcomes listed below.

Rating Scale:

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| 4 | = | Insightful |
| 3 | = | Proficient |
| 2 | = | Developing |
| 1 | = | Emerging |

CLO #1: Students will be able to describe different kinds of healthcare programs for young children.

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| 4 | Lists and describes different kinds of health care for young children, identifies those available in Palau and distinguishes which ones are for the acutely ill, the chronically ill, and or the convalescing child. |
| 3 | Able to list and describe the different kinds of healthcare for the young children and those available in Palau but not able to differentiate between those for the acutely ill, the chronically ill, and the convalescing child. |
| 2 | Only able list and describe the different health care for young children but not able to identify those available in Palau or differentiate between those for the acutely ill, the chronically ill, and the convalescing child. |
| 1 | Only able to list the different kinds of healthcare for young children but not able to describe them or identify those available in Palau. |

CLO #2: Students will be able to develop a care plan for the hospitalized child.

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| 4 | Identifies health care & teaching needs for the sick child and his/her family and develops a care plan for the sick child and his/her family. |
| 3 | Identifies health care needs for the sick child and his/her family and develops a care plan for them but not able to identify their health teaching needs. |
| 2 | Identifies health care needs for the sick child but unable to develop their care plan or identify their health teaching needs. |
| 1 | Identifies health care needs for the sick child but not able to provide the necessary care or develop the care plan for them. |

CLO #3: Students will be able to distinguish abnormal characteristics from the "normal" characteristics of neonates.

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| 4 | Identifies the characteristics of the normal neonate, performs initial assessment of the newborn and able to recognize any deviations from the normal characteristics. |
| 3 | Identifies the characteristics of the normal neonate and performs initial assessment of the newborn but not able to recognize any deviations from the normal characteristics. |
| 2 | Identifies the characteristics of the normal neonate but not able to perform initial assessment of the newborn or recognize any deviations from the normal characteristics. |
| 1 | Only able to list the characteristics of the normal neonate but not able to differentiate them from the abnormal characteristics on the child or perform initial assessment of the newborn. |

CLO #4: Students will be able to recognize signs of distress in the neonate.

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| | Assesses the newborn and identifies those who are high-risk and recognizes signs of distress and identifies those problems that need immediate medical interventions and reports them. |
| | Assesses the newborn and identifies those who are high-risk and recognize signs of distress but not able to identify those problems that need immediate medical interventions |
| | Assesses the newborn and identifies those who are high-risk but not able to recognize signs of distress in them. |
| | Assesses the newborn but not able to identify those who are high-risk nor able to recognize signs of distress in them. |

CLO #5: Students will be able to examine common disorders seen in children.

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| | Lists and describes common disorders found in the neonate, pre-school, and the school age child. |
| | Lists and describes common disorders found in most of the age groups in children |
| | Lists and describes common disorders found in less than half of the age groups in children |
| | Only able to list the common disorders found in children but not able to describe them. |