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|----|--|---|
| 5. | State and recognize the symptoms of psychotropic medications and mechanism of action for each class of psychopharmacologic medication                              | E. Psychopharmacology                         |
| 6. | Develop a process for selecting effective techniques and explain how the nurse can establish a therapeutic relationship with patients by using rapport and empathy | F. Communication and Therapeutic Relationship |
| 7. | Define and describe milieu therapy for different personality disorders.  | G. Milieu Therapy                             |

VII. MATERIALS AND EQUIPMENT

1. Routine classroom materials
2. Calculator

VIII. TEXTS:

Boyd, Mary Ann. Psychiatric Nursing: Contemporary Practice, 5<sup>th</sup> Edition  
Philadelphia; Lippincott, 2015.

IX. METHOD OF INSTRUCTION:

1. Lecture
2. Discussion
3. Class & Individual Projects
4. Hands on clinical skills training at the local hospital

X. METHOD OF EVALUATION:

Bi-weekly quizzes -----	20%
Projects-----	10%
Midterm -----	15%
Final Exam -----	15%
Weekly Clinical Evaluation-----	40%
	100%

Transmutation of percent to letter-grade is as follow:

- 90 - 100 = A
- 80 - 89 = B
- 70 - 79 = C
- 65 - 69 = D
- 0 - 64 = F

**Format NC-2  
TASK LISTING SHEET**

NU205 Mental Health Nursing  
Course No. & Title

Credits: 2    2    96  
Lec    Lab    Total Lab hrs.

SLO & accompanying tasks.	Total hrs.
SLOs #1, 3, & 4	
1. Demonstrate use of therapeutic assessment using both theoretical models and biological psychiatric methods.	12
SLO #2	
1. Demonstrate use of informed consent in the clinical setting.	6
SLO #5	
1. List common drugs used for mental illness / mental disorders; care for patients taking these medications for their illnesses / disorders and be able to recognize common side effects of these common psychotropic medications.	12
SLO #6	
1. Develop a process for selecting effective communication techniques / skills in nurse-patient relationship for each patient assigned to.	54
SLO #7:	
1. Implement Milieu Therapy for patients with personality disorders.	12



**Palau Community College  
NU205 Mental Health Nursing  
Course Learning Outcomes**

During the course experience, the *course learning outcomes* (CLOs) will be assessed through the use of signature assignments. A rating scale will be used to determine the students' proficiency level of each CLO using specifically aligned assignments. The numerical ratings of 4, 3, 2 and 1 are not intended to represent the traditional school grading system of A, B, C, D and F. The descriptions associated with each of the numbers focus on the level of student performance for each of the course learning outcomes listed below.

**Rating Scale:**

4	=	Insightful
3	=	Proficient
2	=	Developing
1	=	Emerging

**CLO #1: Students will be able to demonstrate therapeutic assessment using both theoretical model and biological psychiatric methods.**

4	Describes both theoretical model and biological psychiatric method of therapeutic assessment and applies them in patient care.
3	Makes decision about the client care based on scientific rationale.
2	Describes the client's stressors and coping mechanism.
1	Differentiates between adaptive and maladaptive coping mechanisms.

**CLO #2: Students will be able to demonstrate use of informed consent in the clinical setting.**

4	Describes the role of informed consent in the clinical setting
3	Discusses issues underlying the insanity plea.
2	Differentiates between voluntary and involuntary treatment.
1	Defines informed consent.

**CLO #3: Students will be able to demonstrate understanding of psycho-pharmacology intervention in mental illness.**

4	Differentiates between therapeutic effects and adverse reactions for someone who is suffering from mental illness.
3	Recognizes the symptoms of psychotropic medications.
2	States the mechanism of action for each class of medications commonly used for mental illness
1	Discusses common drugs used for mental illness.

**CLO #4: Students will be able to demonstrate therapeutic level of communication with client/family.**

4	Establishes a rapport with client/family.
3	Participates positively in the client group therapy.
2	Explains how the nurse can establish a therapeutic relationship with the client using rapport and empathy.
1	Develops a process for selecting effective communication techniques/skills in nurse-client relationship.

**CLO #5: Students will be able to perform a health interview on a chosen client.**

4	Applies therapeutic communication skills during a health interview/medical history evaluation on a chosen client/patient.
3	Conducts an admission assessment on a chosen client/patient using open ended questions.
2	Differentiates between an open ended question and a closed ended question.
1	Takes a medical history on a chosen client/patient.