Format CO COURSE OUTLINE

	l Health ourse T	Nursing itle	- 100 (100 (100 (100 (100 (100 (100 (100		NU205 Dept. & No.
I.		SE DESCRIPTION:			
1.	COUR	SE DESCRIPTION.			
	cultura commu clients implem attain,	lly diverse population, the health-illness containication, and the development of therapeutic. This course also focuses on the use of the ment therapeutic interventions according to the maintain or improve adaptive coping. Learni ace in the acute hospital and outpatient clinic	tinuum, c relation ursing p ne client ng expe	thernship roce s ne	apeutic o with ss to ed to
II.	SEME	STER CREDITS: 4			
III.	CONT	ACT HOURS PER WEEK: 2 Lecture	6 Lab	-	8 Total
IV.	PRER	EQUISITE: NU201 with at least a "C" gr	rade		
V.	STUD	ENT LEARNING OUTCOMES	VI. C	OUI	RSE CONTENT:
	Upon	completion of the course, the student will be	able, wi	th 6:	5% accuracy, to:
	1.	Identify factors of social change that affect the delivery of mental health care and relate these concepts to the history of psychiatric mental health care.	are.	A.	The Changing Perception of Mental Health
	2.	State the role of informed consent in mental healthcare and the issues underlyi the insanity plea; the difference between and voluntary and involuntary treatment.	ng	В.	Patient Rights and Legal Issues
	3.	Identify and discuss common nursing theoretical models used in psychiatric ment health nursing.	al	C.	Theoretical Basis of Psychiatric Nursing
	4.	Define the assessment process and differentiate the initial assessment from an ongoing assessment and compare the application and use of various research methods in biologic psychiatry.		D.	Biological Foundation of Therapeutic Assessment

- 5. State and recognize the symptoms of psychotropic medications and mechanism of action for each class of psychopharmacologic medication
- E. Psychopharmacology

- 6. Develop a process for selecting effective techniques and explain how the nurse can establish a therapeutic relationship with patients by using rapport and empathy
- F. Communication and Therapeutic Relationship

- 7. Define and describe milieu therapy for different personality disorders.
- G. Milieu Therapy

VII. MATERIALS AND EQUIPMENT

- 1. Routine classroom materials
- 2. Calculator

VIII. TEXTS:

Boyd, Mary Ann. <u>Psychiatric Nursing: Contemporary Practice</u>, 5th Edition Philadelphia; Lippincott, 2015.

IX. METHOD OF INSTRUCTION:

- 1. Lecture
- 2. Discussion
- 3. Class & Individual Projects
- 4. Hands on clinical skills training at the local hospital

X. METHOD OF EVALUATION:

Bi-weekly quizzes	20%
Projects	10%
Midterm	15%
Final Exam	15%
Weekly Clinical Evaluation	<u>40%</u>
	100%

Transmutation of percent to letter-grade is as follow:

$$90 - 100 = A$$

$$80 - 89 = B$$

$$70 - 79 = C$$

$$65 - 69 = D$$

$$0 - 64 = F$$

Format NC-2 TASK LISTING SHEET

NU205 Mental Health Nursing Course No. & Title Credits: 2 2 96 Lec Lab Total Lab hrs.

SLO & acc	SLO & accompanying tasks. Total hrs.			
SLOs #1, 3	3, & 4 Demonstrate use of therapeutic assessment using both theoretical models and biological psychiatric methods.	12		
SLO #2 1.	Demonstrate use of informed consent in the clinical set	ting. 6		
SLO #5 1.	List common drugs used for mental illness / mental discare for patients taking these medications for their illnesses / disorders and be able to recognize common of these common psychotropic medications.			
SLO #6 1.	Develop a process for selecting effective communication techniques / skills in nurse-patient relationship for each patient assigned to.	on 54 1		
SLO #7: 1.	Implement Milieu Therapy for patients with personalit disorders.	y 12		

Palau Community College NU205 Mental Health Nursing Course Learning Outcomes

During the course experience, the *course learning outcomes* (CLOs) will be assessed through the use of signature assignments. A rating scale will be used to determine the students' proficiency level of each CLO using specifically aligned assignments. The numerical ratings of 4, 3, 2 and 1 are not intended to represent the traditional school grading system of A, B, C, D and F. The descriptions associated with each of the numbers focus on the level of student performance for each of the course learning outcomes listed below.

Rating Scale:

4	= "	Insightful
3	=	Proficient
2	=	Developing
1	=	Emerging

CLO #1: Students will be able to demonstrate therapeutic assessment using both theoretical model and biological psychiatric methods.

	biological pojotilacio ilicatore.
4	Describes both theoretical model and biological psychiatric method of therapeutic assessment and
	applies them in patient care.
3	Makes decision about the client care based on scientific rationale.
2	Describes the client's stressors and coping mechanism.
1	Differentiates between adaptive and maladaptive coping mechanisms.

CLO #2: Students will be able to demonstrate use of informed consent in the clinical setting.

4	Describes the role of informed consent in the clinical setting
3	Discusses issues underlying the insanity plea.
2	Differentiates between voluntary and involuntary treatment.
1	Defines informed consent.

CLO #3: Students will be able to demonstrate understanding of psycho-pharmacology intervention in mental illness.

4	Differentiates between therapeutic effects and adverse reactions for someone who is suffering from mental illness.
3	Recognizes the symptoms of psychotropic medications.
2	States the mechanism of action for each class of medications commonly used for mental illness
1	Discusses common drugs used for mental illness.

CLO #4: Students will be able to demonstrate therapeutic level of communication with client/family.

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4	Establishes a rapport with client/family.
3	Participates positively in the client group therapy.
2	Explains how the nurse can establish a therapeutic relationship with the client using rapport and
1	empathy. Develops a process for selecting effective communication techniques/skills in nurse-client relationship.

CLO #5: Students will be able to perform a health interview on a chosen client.

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4	Applies therapeutic communication skills during a health interview/medical history evaluation on a
	chosen client/patient.
3	Conducts an admission assessment on a chosen client/patient using open ended questions.
2	Differentiates between an open ended question and a closed ended question.
1	Takes a medical history on a chosen client/patient.