



# Palau Community College MESEKIU'S NEWS



## The PCC Community Celebrates the 30th Charter Day

The 30th PCC Charter Day Organizing Committee kicked off the series of celebratory events last week with the 30th Charter Day Students & Staff Volleyball Tournament at the newly renovated Mesekiu Gymnasium. Teams worked their way to a championship game on Wednesday, Mar. 29th where two teams, Upward Bound and Kiss My Ace, played for the No. 1 trophy and bragging rights. The 2nd and 3rd team will also bring home titles as they re-strategize for the next friendly competition event. Students also have been

*See Charter Day on page 3*



*Photos: Championship Game, Wed. Mar. 29th at Mesekiu Gymnasium*

## Agricultural Science Students Complete Internships at the Bureau of Agriculture

Four students from the Palau Community College (PCC) Agricultural Science Program have completed their internships at the Division of Livestock, under the Bureau of Agriculture (BOA). Internship is a final, 4-credit course required by most of the degree programs at PCC, prior to graduation. This course allows students opportunities to experience the "real world of work" through supervised training with employers in private or public agencies. The four AG interns are: Sakarias, Deanna Donato, Dexter Ilek, and Emerson Rabotman. Among the many things they learned during the internship were the importance of observation, record

*See Agricultural on page 3*



### HAPPENINGS

CHECK OUT UPCOMING EVENTS AROUND THE CAMPUS ON PG. 2

- **President's Walk & Run**
- **Mesekiu International Night**

### OPPORTUNITIES

GET DIBS ON THE LATEST SCHOLARSHIP OPPORTUNITIES, JOB VACANCIES, & MORE ON PG. 2-4



### INTERESTING STUFF

READ ABOUT ALUMNI UPDATES, SPECIAL FEATURES & INFORMATION, & OTHER COOL STUFF ON PG. 3-4

- **Alumni Spotlight: Harris Ubedei,**
- **Condolence Message to 2 MOC Alumni**

## BRAIN MUNCHIES

"It's like little snacks for your brain."

*Each week we'll explore, unpack, or poke around a topic that may be of interest to our students and readers.*

### Life After Graduation: What to expect and how to prepare

Graduation is a milestone that marks the end of one chapter and the beginning of another in your life. You may feel excited, nervous, proud, or anxious about what lies ahead. You may have a clear plan for your future, or you may be unsure about your next steps, and that's totally fine. Whatever your situation, here are some tips and advice to help you navigate the transition from college to the real world.

- Celebrate your achievements. You have worked hard to earn your degree, and you deserve to celebrate your success. Whether it's a nice dinner with your friends and family, a trip to a rock island, or a gift you buy for yourself, find a way to reward yourself for your efforts and accomplishments. You've earned it!

- Keep learning and growing. Graduation does not mean the end of your education. In fact, it is the start of a lifelong journey of learning and developing new skills and knowledge. The world of workforce likes to call this "capacity building." Be open to build your capacity and seek out learning opportunities. Today, more than ever, we have a plethora of learning resources and opportunities that I never had at your age. Take advantage of them. Who knows, maybe you'll discover a new passion.

- Be flexible and adaptable. The world is changing fast, and so are the opportunities and challenges that you will face in your career and life. You may not find your dream job right away, or you may have to switch careers multiple times. You may have to relocate to a different country, or deal with unexpected events and crises. The key is to be flexible and adaptable, and embrace change as an opportunity to grow and learn. Don't be afraid to try new things, experiment with different options, and adjust your goals and plans as needed. I have a habit of creating 5-year personal plans where I list 2-3 major goals I want to achieve for each 5-year period. It guides my choices and gives me a clear target. However, I've also learned to be accepting of changes and be flexible when things change and I have to reassess my plan and adapt. It doesn't have to be a fancy plan, mine is written in my phone's notes app because I'm the only one who gets to read it. Try it out.

- Build your network and connections. One of the most valuable assets that you have as a graduate is your network of contacts. This is the list of people you've met at your time

## HAPPENINGS AROUND CAMPUS

*Field Trip*

**Invitations for all Students & Staff**

**Tour with Guam's Second Fast Response Cutter (Oliver T. Henry)**

**DATE & TIME: APRIL 3, 2023 @ 2:00 PM**

**BUS DEPARTS FROM PCC @ 1:30PM**

here at PCC -- your instructors, mentors, friends, work study supervisors, etc. These people serve as your safety net and can connect you with opportunities. Keep in touch with them regularly, update them on your progress, ask for their help when needed, and offer your help when possible. You never know who might open a door for you or introduce you to someone who can make a difference in your life.

- Take care of yourself. Graduating from college can be stressful and overwhelming, especially if you face uncertainty or pressure from your family, or from yourself. Thus, you need to take care of yourself physically, mentally, and emotionally. Sometimes doing this can feel selfish, but just like what they tell us inside an airplane, we must secure our oxygen first before assisting others. So eat well, exercise regularly, get enough sleep (I'm still working on this part btw), and surround yourself with supportive friends and family members. Seek professional help if you feel like things are just too overwhelming. It can be hard to do this in a small community where mental disorders have negative connotations, but honestly, these conditions of the brain are just like any other illnesses of the body like diabetes, heart problems, etc. So own your body and seek out help when you need to. There's no shame in this. We all need help, it's how we're built. We are social beings, we need others.

Go ahead, live your best life and do the things that give you joy and meaning. Enjoy the journey, all the ups and even the downs for they teach you things. You got this! - *By J. Ngoriakl, Editor*

BITS & PIECES

### Tan Siu Lin PCC Library

Hours of Operation:

Mon-Thur from 7:30AM-7:00PM

Friday from 7:30AM-5:00PM

Saturday from 9:00AM-6:00PM

Closed on Sunday & National Holidays

This Magazine is Available Now at the Library

## ATTENTION COLLEGE COMMUNITY

### **Accrediting Commission for Community and Junior Colleges (ACCJC), the Commission Third-Party Comment**

A third-party comment assists the Commission as it considers applications for candidacy, accreditation, or reaffirmation of accreditation. When an institution is undergoing a review, the Commission requires the institution's chief executive officer to notify the campus community and public of the opportunity for submission of third-party comments and the process for doing so. Any member of the college community or public may submit a third-party comment by completing the Commission's online third-party comment form, available via the institution's website or ACCJC's website. In order to ensure evaluation of applicable third-party comments by the peer review team, third-party comments should be received by the Commission staff no later than five weeks before the peer review team visit.

Palau Community College's Focus Site Visit is scheduled during the week of March 13, 2023. Should any member of the College community or the public who may wish to submit a third-party comment must complete the Commission's online third-party comment form available at:

<https://accjc.org/forms/third-party-comments/>.

The third-party comment should be received by the Commission five weeks prior to March 13, 2023.

### *Charter Day continued*

keeping, practicing contemporary dance in the event halls of PCC as they gear up for the Mesekiu International Night to be held tonight at the PCC Cafeteria. The student-organized event through the leadership of the Associated Students of Palau Community College (ASPPCC) with assistance from the college and the 30th Charter Day Organizing Committee. Various student groups and clubs are also preparing to fundraise by selling food and snacks at the Mesekiu International Night at the same location. Certified vendors will get to set up shop inside the Mesekiu Gym while entertainment and raffle drawing will take place indoors in the Cafeteria.

The Committee also coordinated the President's Run & Walk that was held early this morning. The annual event marks the celebration of the date PCC officially game into being through RPPL 4-2 back in the year 1993. The college was previously Micronesian Occupational College (MOC). Long before it became MOC, it was a small school opened and ran by the Japanese Administration in 1927 to 1944 called Mokko School. After the WWII it became Palau Intermediate School with its first Palauan principal, Mr. Sadang Silmai. It has since changed names and leadership over the years until 1993 when it became Palau Community College.

### *Agricultural continued*

and communication skills. Further, the students were able to expand their knowledge in the production of animal feed, receive training on butchering, and participate in farm visits and assessments throughout the Republic of Palau.

On Friday, March 3, 2023, a small farewell luncheon was held for the interns at the Division of Livestock in Ngchesar state where the Livestock Officers presented the interns with Certificates of Completion signed by the BOA Director Collin Joseph and Chief Kashgar Rengulbai. Palau Community College would like to extend its heartfelt gratitude to the Bureau of Agriculture for hosting our interns and allowing them to learn from the esteemed Livestock team at the BOA.

## Academic Calendar

**March 31**

Charter Day Celebration

**April 2**

PCC Charter Day

**Happy Birthday!**  
**Gaylord Rdechor**



### PCC JOB VACANCIES

**WE ARE  
HIRING**

Scan the QR code  
for a list of current  
job vacancies at PCC



*Our Condolences to the  
Families of MOC Alumni*

**Norinston Joe**  
(Kosrae State)  
MOC CLASS of 1980

**Evel Eriyang**  
(Palau District)  
MOC CLASS of 1981

*Rest in Peace*

From Your Family at Palau Community College



## Harris Ubedei



## ALUMNI SPOTLIGHT

**Harris graduated from PCC with an Associate degree in Criminal Justice. He went on to earn a Bachelors degree in Administration of Justice at University of Hawaii (UH) Hilo where he was the class of 2022 Valedictorian and commencement speaker. He is planning on pursuing a Juris Doctor degree at UH-Manoa's William S. Richardson School of Law.**

**We are proud and rooting for you Harris!**

**FROM YOUR FRIENDS AT PALAU COMMUNITY COLLEGE**

*Visit us at <https://pcc.palau.edu>*



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