

Attention Students!!! Scholarship Opportunities

Palau Community College is now accepting applications for the following scholarships:

- ✓ Polycarp International Enterprise Scholarship
- ✓ Moylan's Insurance Scholarship
- ✓ Roman Tmetuchi Scholarship
- ✓ Prince Lebuu Scholarship

Application forms are now available at the PCC Development office located behind the library. For more information, please call Jay Olegeriil at 488-2471, ext. 250.

Thank You

Kom kmal mlo mesaul el rokui er a ngelsungemiu el mer ngak er a kemeldielel a brother er ngak el Merilang Samil. A bedekiu el mer ngak a kmal ngilsukak er a klou. Ngdirrek a presence er kemiu el mlo sebechemiu el mei e miingelim er ngak a kmal mle comfort er ngak ra kngtil a renguk.

Kom kmal mlo mesaul el rokiu!! A suluu a kmal diak kubes.

Dilubek Samil

Mesakiu's News
Palau Community College
P.O. Box 9
Koror, Palau 96940

Celebrating Birthdays

Neri Alcantara	May 01
Allan Rengechel	May 01
Benjamin Ueda	May 04
Maurine Alexander	May 06
Soledad Garcia	May 06

Happy Birthday To You!

Summer Internship Reminder

In preparation for Internship placement for Summer Semester, 2002, we need to know the number of students who will be eligible to participate in the training and their respective trade areas at this time. This will allow us time to identify and secure commitments from appropriate employers who will be providing training to our students.

To assist in this effort, Student Advisors are requested to review their advisees folders and to advise those who will be eligible to participate in the training to come to CE office and see me, Mr. Vincent Ito, and fill out the required application forms.

APPLICATION FORMS ARE NOW READY FOR PICK UP ANYTIME DURING WORKING HOURS. Deadline for submission of completed application forms is Friday, May 17, 2002.

Internship is provided as a final requirement for students who have completed all their course requirements on campus or at least have one remaining to be taken concurrently with the internship. It allows the students to be placed on the job in their respective field of training, working on a full time basis as an intern for one semester. The practical experience gained from the training will be counted as credits required to graduate.

Your prompt assistance and support on this matter is much appreciated.

Congratulations to San Jose Christian College

On behalf of Palau Community College's Board of Trustees, President Patrick U. Tellei congratulates the San Jose Christian College for achieving regional accreditation through the Western Association of Schools and Colleges.

Softball Tourney Starts Today

Team Palau(Fast-Pitch) Softball Tourney Starts Today at Meyuns Softball Field. PCC Plays at 7:00 p.m. against Meyuns.

PCC Players are to be there no later than 6:30 p.m., cheerleaders to be there at 7:00 p.m. and don't forget your pom-poms!

Go Mesekiu!!!



Palau Community College

MESEKIU'S NEWS

FREE COPY



Friday, May 3, 2002

Weekly Newsletter

Volume 4, Issue 18

PCC and PHS Agriculture Students Learn Hydroponics

By: Dr. Joel Miles

Can crops be grown without soil? That was the question PCC and PHS agriculture students will try to answer during the next few weeks. Under the watchful eyes of Dr. Aurora Del Rosario, PCC-CRE's Senior Researcher/Horticulturist, the agriculture students are learning how plants are grown under hydroponics- a system of growing plants without soil.

In hydroponics, nutrients are provided to the plants by a solution of nutrients dissolved in water. The students have planted pak choys and green onions in their hydroponics apparatus, and they will watch their growth over the next 4 to 6 weeks.

Growing crops by hydroponics is expensive. The cost of fertilizers, plus a pump, timer, and growing containers, means the grower must sell the crops at a much higher price compared to the conventionally grown crops. This system of crop production may not be practical for Palau but this is a trial to see if the hydroponic crops can be grown successfully. If the crop growth is good, we will evaluate costs and yields to see whether the system is economically practical.

We would like to thank Dr. Del Rosario for her expert support in this project and would also like to thank the following people:

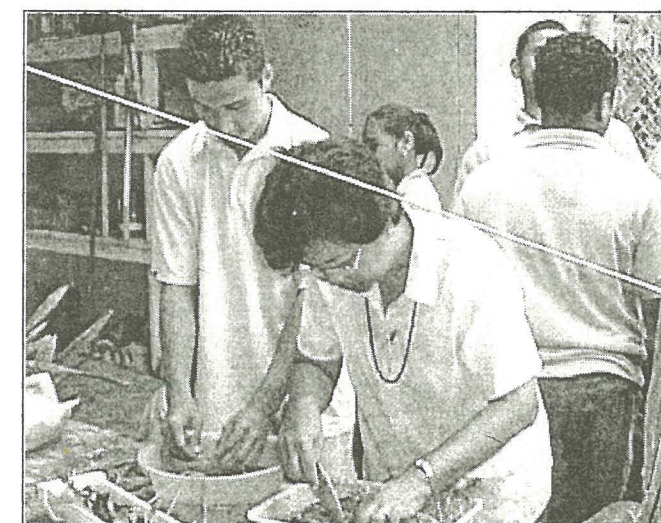
- Martin Van Winkle, who donated the expensive fertilizers for this project.
- Tom Watson, whose valuable advice helped this project tremendously.
- Lester Rekesik and the Construction Technology students, who built the hydroponics apparatus.

For more information about this project and other PCC Agriculture projects, please contact me, Dr. Joel Miles at telephone number 488-2471. You are also welcome to stop by the campus and visit our agriculture students at work and also tour the agriculture farm.

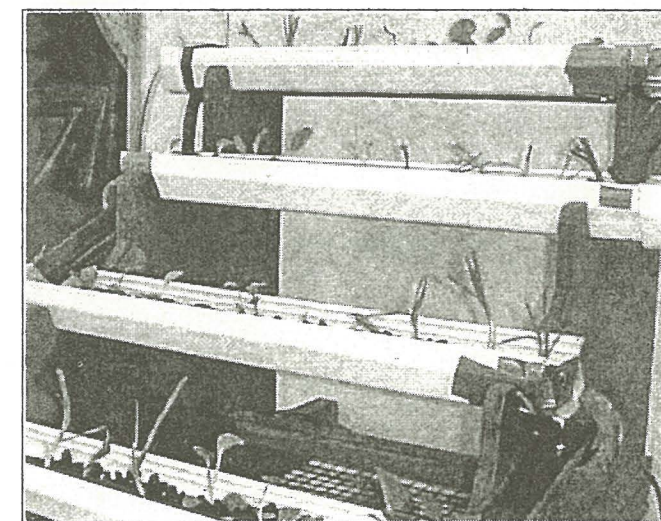
Practical Hints and Tips for the Family

By: Ayano Baules, PCC-CRE Extension Specialist.

See Inside



Dr. Aurora Del Rosario, PCC-CRE's Researcher/Horticulturist shows PHS students how to plant seedlings into the hydroponics container.



Hydroponics apparatus with newly-planted pak choy and green onions seedlings.

Happy Senior Citizen's Day!

Palau Community College extends Warm Greetings to all Senior Citizens of the Republic of Palau and Wishes them a Happy and Healthy Senior Citizen's Day.

Household Cleaning Tips

(first of four parts)

Safety First

One of the most important things to think about when doing your regular cleaning up around the house is safety for family members. Here are several ideas to promote safety in the home for family members and guests.

1. Store all dangerous cleaning products and tools out of the reach of children. If possible, lock them up.
2. Follow manufacturer's instructions on the safe use, storage, and disposal of all cleaning products.
3. If labels of products cannot be read and you are not sure about their use, throw them away. In other words, if in doubt, throw them out!

Protective Gear

While cleaning around the house, wear aprons to protect your clothing from accidental spills of harmful solutions such as bleach. Wear masks to minimize inhalation of dust and/or other air pollutants such as fumes from your cleaning solvents. Use rubber gloves whenever possible to prevent burns or any harm to the skin caused by your cleaning solutions

Tools for Cleaning

Using the right tools can make the cleaning job much easier. Some of the basic tools can be made at home. For example:

Outdoor/Indoor Broom

Make your own from mid-ribs of coconut or nipa palm fronths.

Old toothbrushes

Old toothbrushes are good tools for cleaning combs, shoes, and jewelry.

Old shaving brush or baby's hairbrush

Use these to dust delicate fabrics or pleated lamp shades to avoid harm to the fabrics.

Old paintbrushes

These can make excellent dusters for small or hard-to-reach areas, e.g., along door jambs, around windows, and corners where dust cloths will not fit.

Old nylon stockings

When rolled into a ball, nylon stockings are good scratch-free scrub pad for cleaning the sink and bathtub and other delicate surfaces that need cleaning.

Old socks

Tie old socks with rubber bands at the end of a long stick (a yard stick can do) to clean out corners or hard to reach areas behind large appliances

Old clothes, sheets, cloth diapers, and towels

All of these may be used as rags for general cleaning around the house. Depending on the cleaning agents used, and the type of "mess" to be cleaned up, these can be used repeatedly. Otherwise, use once and dispose of to prevent contamination with poisonous products or contamination with deadly germs.

Household Cleaning Tips

(second of four parts)

Timesavers

- Each week, give special attention to one room in the house. This will save you time on your annual cleaning because you have been cleaning throughout the year.
- Wear an apron with many pockets for rags, polishes, brushes, and other cleaning tools so you do not have to run around the house looking for your tools.
- Use a bucket with two compartments or carry two buckets when you are washing items that also need rinsing so you do not need to continually return to the sink.
- Sweep, vacuum, and/or dust before cleaning with a liquid cleaning solution to avoid making mud.
- Go easy on cleaners, using just enough to dissolve and remove dirt. Soap or wax used sparingly cleans and beautifies surfaces. If you use too much, you will have to spend time removing build up.
- When you are cleaning something up high, do not stand on tiptoe. Use a stepladder. If you are cleaning down low, sit on the floor. Straining up or down is tiring, inefficient, and bad for your back.
- Concentrate on one room at a time; do not run all over your house or apartment pushing dirt around.

Bathroom

The bathroom should be cleaned once a week, and even more frequently if it gets heavy use from a large family. Make it a firm rule in your home to rinse out the tub or shower immediately after each use. If possible, spray water from the shower head on all interior surfaces, then lather soap onto a damp sponge, swish it around the tub or stall, and rinse.

Tile and porcelain surfaces are stain-resistant if dirt and scum are not allowed to build up on them. Keeping tile and porcelain surfaces clean so that they never need to be scoured not only saves time, it also protects these surfaces from unnecessary wear and keeps them looking their best. If stains have to be removed with harsh abrasives, the porcelain or ceramic tile will be scratched. These scratches invite more dirt buildup, and your cleaning problems increase.

Shower Stalls

Mix ½ cup vinegar, 1 cup clear ammonia, 1/4 cup baking soda, and 1 gallon hot water.

Caution: Wear rubber gloves and work in a well-ventilated area when using this powerful solution. Apply it to the walls of the shower with a sponge, scrubbing with a brush, if necessary, to remove all the scum. Rinse well with clear water and wipe dry.

- Keep mildew from taking hold by wiping shower walls with a towel after each shower.
- Leave the shower door slightly open to allow air to circulate; this will discourage the growth of mildew.

More Household Cleaning Tips in the next issue