

ALUMNI NOTES:

Class of 1975

* Myorang Besebes (C.A. Office Administration Summer 75). Myorang has been working for the College for many years as a secretary for the PCC Student Life Office. She is an exceptional alumnus who has given so much to the College as co-worker, friend and member of the PCC family.



Class of 2002

* Franston Kual (C.A. Office Administration, Spring 02). Franston is currently working as an Administrative Assistant for the Palau Public Utilities Corporation.

Class of 2004

* Christopher Leoliumal (C.A. Small Engine Spring 2004). Christopher is currently working as a boat mechanic at the NECO Marine Dive Shop.



Alumni Notes offers short highlights on the many PCC/MOC alumni who have made a difference in Palau and in the region. If you are an alumni or know someone that is, just email Temmy Temengil from the PCC Development Office at temmyt@palau.edu and send us a few lines about yourself or something about the alumni you know.

Celebrating Birthdays

	Alvina Timarong	May 11
	Keorung Olkeriil	May 12
	Kuye Belelai	May 13

Happy Birthday To You!!!


 **Mesekiu's News**
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Congratulations

PCC would like to congratulate PCC President Patrick U. Tellei E.d.D, for his successful bid to become a member of the Republic of Palau's Constitutional Convention. The College would also like to congratulate all the winners of the recent Con Con election. We are confident you will represent us well in guiding our nation.

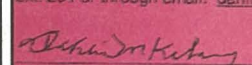
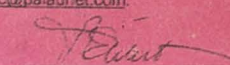
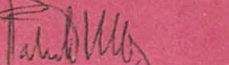
 Office of Admissions & Financial Aid
April 25, 2005

COURSE REPEAT POLICY

This revised course repeat policy stated below will supersede the current policy and will take effect in Fall Semester 2005.

"Courses that are repeated will count in calculation of hours attempted and hours earned for the eligibility time frame. A student who repeats the same course for the **first time** (second attempt) is still eligible for financial aid. The **second time** (third attempt) a student repeats the same course, he/she will not receive financial aid for that course."

For more information, contact the Office of Admissions & Financial Aid at 488-2470 or 488-2471, ext. 234 or through email: dahlapcc@palaunet.com.

 Dalia M. Katosang Director of Admissions & Financial Aid	 Presley Etibek Dean of Students	 Patrick U. Tellei President
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Academic Calendar Spring Semester 2005

May 6, 2005 - Last Day of Instruction
May 9-11, 2005 - Final Examination Period
May 11, 2005 - Graduates Grades Due
May 16, 2005 - Grades Due
May 20, 2005 - Commencement Exercises - End of Spring Semester/Spring Recess



Palau Community College MESEKIU'S NEWS

FREE COPY



Friday, May 6, 2005

Weekly Newsletter

Volume 7, Issue 18

Project Beacon Receives Funding For 2005-2009

The Student Support Services-Project Beacon Program has been funded for another four years (2005 – 2009). The program is funded to serve 180 participants with a grant amount of \$244,734 for the first year. This is good news as it will allow the program to continue to provide essential services to PCC students. Services include tutoring, study skills & Information workshops, cultural exposure activities, counseling (academic, personal, financial aid, transfer and career), as well as providing SSS grant aid assistance to students. The goal of Project Beacon is to increase the college retention and graduation rates of program participants, and facilitate the process of transition from PCC to a four- year college or university.

The program counselors and instructors provide assistance and activities that are geared at engaging and motivating students toward successful completion of college. Student Support Services is one of the federal programs funded by the U.S. Department of Education. The Student Support Services staff are concerned not only with each student's academic progress, but also with that student as an individual. Through this program, each student receives assistance and encouragement that will enable him/her to be successful at Palau Community College. Project Beacon was established to give support to students who want to utilize their full potential but are having difficulty in doing so. PCC would like to congratulate Director Vernice Rechebei and the Project Beacon staff for their dedication, hard work and commitment in ensuring the success of the program.

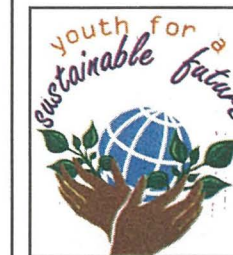
PCC Students From Pohnpei Visit Ngiwal State



PCC Students from Pohnpei pose with Recreational Staff Eriko Yahagi (far-right front) and Ismael Anastacio (second row, second to the right).

PCC Students from Pohnpei State of the Federated States of Micronesia were taken on a special tour of Babeldaob by PCC Recreational staff Ismael Anastacio and Eriko Yahagi. Over 15 students from the PCC Pohnpei Student Organization participated in an all day tour of Ngiwal, one of Palau's most beautiful states, known for its beautiful long beaches, and friendly hospitality. The students also took part in visiting some of the state's famous historical and cultural sites. The students from the Pohnpei Student Organization would like to thank the PCC Recreational Staff for providing transportation and making their visit of Ngiwal State a memorable occasion.

PCC Students Attend Youth Conference in Samoa



Palau Student Organization (PSO) Vice President, Vanessa Salii, fellow PCC student Kwan-I Li and PCC Alumni, Irvin Dwight, a researcher for the Palau International Coral Reef Center have been selected to represent the Republic of Palau at the Pacific Youth Millennium Development Goals Summit. The event will be held in Apia, Samoa from May 9th till May 12th. The College would like to congratulate Vanessa, Kwan-I and Irvin for their nomination to this important and worthwhile conference and are confident that they will represent the Republic of Palau with pride. The youth conference is coordinated by the Youth for a Sustainable future, a group of young people from the Pacific Island Countries (PIC) working with the United Nations agencies and programs in the Pacific to work towards a common aspiration of a sustainable future, regional peace, and solidarity.

The MDGs are a set of goals and targets pledged by 190 governments at the United Nations Millennium Summit in September 2000 focusing on reducing poverty, hunger, disease, illiteracy, child and maternal mortality, environmental degradation, and gender discrimination. The MDGs goal is to form a global vision for a more peaceful and sustainable world for people and communities. The idea for a Pacific youth MDGs conference was the result of the experiences of young participants who participated in the World Youth Congress in Morocco in August 2003, where the delegates from the Pacific Island Countries called for greater recognition of voices and issues of Pacific youth and their communities.

For more information about the Pacific Youth MDGs Summit visit www.peacechild.org/ysf. Young people are also encouraged to participate in the on-line forum by logging on to <http://events.takingitglobal.org/pymdgs>

Project Beacon Hosts Special Events for PCC Students



Project Beacon Students listen to Museum staff conduct presentation on the history of Palauan Storyboards.

On Thursday, April 28, 2005, sixteen Project Beacon participants with Adora Nobuo-Andreas and Mekreos Silil were thrilled to explore the Belau National Museum. The tour given by Mr. Simeon Adelbai and Nazu (Japanese tour guide), was very informative. Participants were able to see scaled down models of the "ocheraol" ceremony including learning about how to make the food and items used in an "ocheraol". Many students were not aware of the importance of the Chief's spoon until Mr. Adelbai mentioned that if it was sent to another village's chief, then there was a very important matter to be discussed, to which the sender of the spoon will not eat until the receiver of the spoon returns the spoon to the owner.

Mr. Nazu gave the oral history of the storyboards, and how Dr. Hisakatsu Hijikata was the first man to do research on carvings, especially those that were on the *bais*. For hundreds of years, Palauans have been recording and documenting their history on the *bai* beams and poles. But Dr. Hijikata wanted to start the carvings on smaller woods to give as souvenirs to Japanese visitors who came to Palau back in the 1950's. And from then until now, Palauans have been creating storyboards to give or sell as souvenirs. A short skills workshop on "Coping with Stress" was presented to twenty-two participants. Each participant took a stress test which indicated his/her level of stress. Coping skills were then introduced and learned so that each participant was made aware of how he/she can cope with the stress that comes with the final exam week. Project Beacon would like to thank the staff and oral historians of the Belau National Museum for teaching us about the importance of "ocheraol" and the early history of the storyboards



Project Beacon Peer Tutors and students pose for a photo.

April 25 to 29 was an eventful week for SSS-Project Beacon participants. Program participants were treated to a movie throughout the week at the Project Beacon Lab. The movies were followed by a short exercise where students were encouraged to answer questions related to the movie. The concept behind movie week was to engage students in a fun activity that they enjoy, as well as to reinforce the importance of comprehension, analyzing situations, and writing thoughts down on paper. Movie week was also held for participants residing at the Dorms, and these were on Monday, Wednesday, and Friday evenings. Mini-workshops were held prior to the movies, and topics included "Overcoming Test Anxiety," "Transfer," and "Financial Aid."

PCC-CRE Concludes Science Program



Aimeliik Elementary students working on watershed model.



Ngardmau Elementary students working on compost.

CRE has wrapped up its Babeldaob Science Program in time for the end of the school year. Tom Josephson and Dannies Uehera who led the program, traveled to all ten Babeldaob Elementary schools and taught over two hundred 5th, 6th, 7th, and 8th graders. Focusing on Environmental studies and general sciences, the class used field based activities and experiments to make science interesting and fun for the students. Based on student enthusiasm and test scores, the program was quite beneficial for the students. In addition, all of the schools expressed their appreciation for the extra help and inquired about a follow up program next school year. Thanks for all the support from the schools and especially from all of the enthusiastic students!

What's New in the PCC Library

Written by Imengel Mad, PCC Library Technician

A Micronesian Seminar production: Suicide in Micronesia; Finding a Better Way Out, is now available in the Micro-P Collection. This production on videocassette researches the issue of suicide in Micronesia and its impact on society. Suicide in Micronesia today has become a costly epidemic, with one death leading to another, with nearly every Micronesian family being touched by this social problem. Just forty years ago, however, this was not the case. The Micronesian suicide rate is now one of the highest in the world. Why are so many young people turning to this option?

Is there more tension in the family today than there used to be? Are young people more hurt by their families today than the previous generations? Or are there other issues involved? This video examines the problem of suicide in the hope that it will lead people to discuss suicide more openly and find ways to deal with this issue. PCC Library has TV/VCR player available to anyone who is interested in viewing this or our wide selection of videocassettes. Patrons are encouraged to use our video collection as part of their research. If you are interested, please see Ms. Pioria W. Faungy for more details.

BITS AND PIECES... Palau Red Cross has Walkathon....

The Palau Red Cross Society presents its 8th Annual Walkathon this Saturday, May 7, 2005, at 6 a.m. The Walkathon will start from the Olbiil Era Kelulau (OEK) to Meyuns Skozio and back to the OEK. For the Runners Category, the marathon will begin at the OEK and end at the Palau Pacific Resort (PPR). There will be age group divisions with prizes for the top three finishers in each age group. There will be t-shirts for the first 200 participants who register early. After the event participants will be treated to light snacks, refreshments and entertainment. There will also be a raffle drawing with many wonderful prizes to be won. Registration begins at 5:00 a.m. so please come early. Everyone is encouraged to participate in this worthwhile cause!!!!

Happy Mother's Day....

PCC would like to wish all Mothers, a very happy and warm Mother's Day. Palau is shaped and molded by your patience, guidance and love. May this special day be memorable and special from all us as sons and daughter who are so blessed to call you mother. HAPPY MOTHER'S DAY!!!

U.S. Navy Recruiters Here.....

The United States Navy recruiters will be in Palau from May 7-10, 2005 to administer the Armed Services Vocational Aptitude Batter (ASVAB) test for all interested individuals. All interested individuals are requested to sign up at the PCC Student Services Office.

Volunteers Wanted.....

The Organizing Committee for the South Pacific Mini-games to be hosted by Palau is looking for a few good men and women. This will be a great opportunity to participate in one of the region's biggest sporting events. Over 22 countries from throughout the Pacific will converge in Palau from July 25 till August. Preparations are well in hand, the facilities are all but ready so it is now up to our volunteers to show their support and ensure that this once in a lifetime event is a great success. For more information on how you can volunteer please call Susan Ngirausui or Baklai Temengil the Palau National Olympic Committee Office at 488-6562.

TIPS TO SUCCEED IN THE CLASSROOM

Taken from Study Tips.com at <http://www.how-to-study.com>

Attention, Students! Final Exams is next week. Are you ready? Fear not, we have provided Ten-Tips for those of you who will be taking your Final Exams. These tips may make the difference between a good and a bad grade. Note them, heed them, and remember them when you take your exams:



*Come prepared; arrive early for tests

Bring all the materials you will need such as pencils and pens, a calculator, a dictionary, and a watch. This will help you focus on the task at hand.

*Stay relaxed and confident

Remind yourself that you are well-prepared and are going to do well. Don't let yourself become anxious; if you feel anxious before or during a test, take several slow, deep breaths to relax. Don't talk to other students before a test; anxiety is contagious.

*Be comfortable but alert

Choose a good spot to take the test. Make sure you have enough room to work. Maintain an upright posture in your seat.

*Preview the Test (if time is not limited)

Spend 10% of your test time reading through the test carefully. Mark key terms and decide how to budget your time. As you read the questions, jot down brief notes indicating ideas you can use later in your answers. Plan to do the easy questions first and the most difficult questions last.

*Read the directions very carefully

*Answer the test questions in a strategic order

Begin by answering the easy questions you know, then those with the highest point value. The last questions you answer should

- be the most difficult
- take the greatest amount of writing, or
- have the least point value

*When taking a multiple choice test, know when to guess

First eliminate answers you know are wrong. Always guess when there is no penalty for guessing or you can eliminate options. Don't guess if you have no basis for your choice and if you are penalized for guessing. Since your first choice is usually correct, don't change your answers unless you are sure of the correction.

*When taking essay tests, think before you write

Create a brief outline for your essay by jotting down a few words to indicate ideas you want to discuss. Number these items in your list to indicate the order in which you will discuss them.

*When writing the essay test, get right to the point

State your main point in the first sentence. Use your first paragraph to provide an overview of your essay. Use the rest of your essay to discuss these points in more detail. Back up your points with specific information, examples, or quotations from your readings and notes.

*Reserve 10% of your test time for review

Review your test. Resist the urge to leave as soon as you have completed all the items. Make sure you have answered all the questions. Proofread your writing for spelling, grammar, and punctuation. Check your math answers for careless mistakes (e.g. misplaced decimals). Match your actual answers for math problems against quick estimates.

*Analyze your test results

Each test can further prepare you for the next test. Use your tests to review when studying for final exams.

*Decide on and adopt which study strategies worked best for you

Identify those that didn't work well and replace them.