

Alumni Notes

Class of 1982 (MOC)



Emory Mesubed 1982 MOC graduate with a Certificate of Achievement (CA) in General Electronics Technology. Mesubed worked for 17 years as a manager for the local branch of the Bank of Guam. He now works for the Palau-owned bank- Pacific Savings Bank as Operations Manager.

Class of 1978 (MOC)



Alfonsa Blesoch 1978 MOC graduate with a Vocational Diploma in Food Preparation. Alfonsa went on to obtain his Master's degree in Education in California and is now a classroom teacher at Palau High School. She has been with Palau High School for 18 years.

Class of 1974 (MOC)



Elia Kual 1974 MOC graduate with a Vocational Certificate in Drafting. He works as a Realty Officer for the national and Koror State Public Land Authority, a position he has held for 26 years.

Alumni Notes showcases MOC&PCC alumni who contribute to the quality of life in their local community and are positive role models for other PCC students to emulate. If you are that alumni or know someone who is, please contact the PCC Development Office at telephone number 488-2471. We would like to feature you in future issues of the *Mesekiu's News*.

Mesekiu's News

Palau Community College
P.O. Box 9, Koror, Palau
96940

Celebrating Birthdays

Alex Gachalian June 16
Midori Mersai June 18
Lester Rekemesik June 19
Geraldine Rengjil June 22
Ezra Takeo June 22
Happy Birthday To You!



35 Students and Staff to Micro Games in Saipan

Name	Staff/Student	Sport/Event
Akiko Udui	Staff	Tennis
Alvin Tewasilyeng	Student	Canoe (Team Yap)
Armstrong Debelbot	Staff	Canoe
Barnabas Tepengailug	Student	Canoe
Chandis Cooper	Student	Discuss, Shot put
Dekei Ngiramengior	Student	Baseball
Elgin Elwais	Student	Wrestling
Galileo Saiske	Student	Track & Field
Guy Gibson	Student	Canoe
Hulda Lukas	Staff/student	Canoe
Idip Tiobech	Student	Track & Field
Jesse Mangro	Student	Track & Field
John Stills	Student	Track & Field
Keith Ignacio	Staff	Tennis
Larry Wakakoro	Staff	Tennis
Makanani Ichiro	Student	Track & Basketball
Maleah Tengadik	Student	Track & Field
Mayson Sepelainam	Student	Volleyball
Melngis Uchel	Student	Baseball
Moses Bismarck	Student	Track & Field
Norma Adelbai	Staff	Women's fast pitch
Norman Sato	Staff	Baseball Coach
Omsuul Yalap	Student	Baseball
Rickson Luthog	Student	Wrestling
Rodney Kazuma	Staff	Coach, Women's Fast pitch
Rosendo Skang	Staff	Official
Sadang Osarch	Student	Baseball
Tmetuchl Baules	Student	Beach volleyball
Todd Ngiramengior	Staff	Baseball Coach
Ty Saiske	Student	Baseball
Utoi Runcie Maech	Student	Canoe
Vance Basilius	Staff	Canoe
Wallace Rikrik	Student	Baseball
Wenchester Yoloreg	Student	Wrestling
Yip Erungel	Student	Canoe



Keith Ignacio, Tennis



Rodney Kazuma, Coach- Women's Fast Pitch



Larry Wakakoro, Tennis



Todd Ngiramengior, Coach- Baseball



Akiko Udui, Tennis



Hulda Lukas, Canoe



Canoe Team- Several PCC students and staff are starting paddlers on the canoe team.



Palau Community College MESEKIU'S NEWS

FREE COPY



Friday, June 16, 2006

Weekly Newsletter

Volume 8, Issue 24

Summer Enrollment at 329 Over 200 in CE Summer Kids

After the second week of instruction, official numbers from the Registrar's office put the number of students enrolled this summer semester at three hundred twenty-nine (329).

The Office Administration program boasts the highest number of students with seventy-seven (77) followed by the Education program with seventy-one (71).

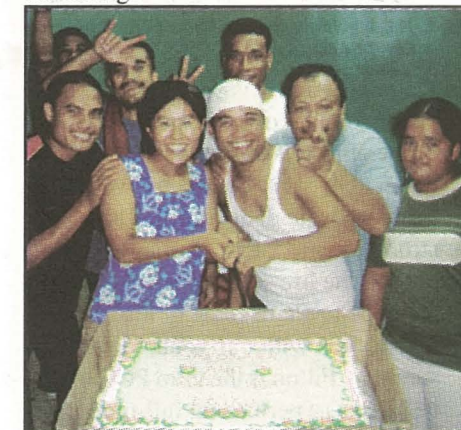
(More on Page 2)



Gwen Williams (l) and Annette Ucherkemur (r), Ministry of Education teachers from Peleliu Elementary School take a moment to relax between classes with a Summer Kids program student from Harris Elementary School.

Eriko Bids Sayonara After 2 Years at PCC

After productively completing her two years of volunteer service at Palau Community College, Japan International Cooperation (JICA) volunteer Eriko Yahagi will be returning back to Japan tomorrow. A farewell get-together for Yahagi was organized last week by her colleagues at the Student Life office. Deikola Olikong, interim-director of Student Life office, on behalf of the college thanked Yahagi for her service to the college



JICA volunteer Eriko Yahagi (l) happily prepares to slice into a cake made especially for her by the cafeteria staff who sponsored a dinner for her at the cafeteria last weekend. The cafeteria staff worked closely with Yahagi on many of her campus life activities during her 2-year tenure with the PCC recreation office.

and especially to the dorm students. Yahagi officially finished her duties last week with the college but remained visible on campus, saying she will miss her dorm students and thus wanted to spend as much time with them as possible. Yahagi worked as a recreation specialist and planned and organized social and recreational activities for students living on campus. During her two-year tenure, Yahagi helped formalize the "Tuesday Night" program gathering for dorm students, a program that advocated alcohol & drug abuse prevention and HIV/AIDS prevention. Yahagi was also known for involving her dorm students in a number of community programs, most notably are the annual coastal clean-up and the invasive species eradication project sponsored by EQPB.

Yahagi said that it has been an extremely rewarding experience working with the students at PCC and believes the experience will help her as she prepares for her career as a high school teacher in her hometown of Yamagata in northern Japan. "I really want to thank everyone at PCC for their kind support in making it possible for me to successfully carry out

PEC Conference Set for July 12-14

One of the biggest educational conference held annually in the Pacific, the Pacific Education Conference is coming to Palau this July. Preparation work is already underway with the Ministry of Education taking the lead role. The conference is co-hosted by the Ministry of Education, Pacific Resources for Education & Learning (PREL) and Palau Community College. *(More on Page 2)*

my duties during the two year I was here at PCC," she said.

Like many JICA volunteers before her, Yahagi has grown fond of Palau and thus plans to return later this summer as a tourist.

Palau Community College extends its profound appreciation to JICA-Palau office for its continued support to the college. Currently, there are two JICA volunteers working at PCC: Yoji Matsuoka and Yuko Sawada-both instructors with the Education & Training department.

Local/Regional Events

June 23 to July 4, 2006
Micronesian Games to be held in Saipan, CNMI

July 9-10, 2006
Olehotel Belau Fair, to be held at the Ministry of Community and Cultural Affairs Compound

July 12-14, 2006
Pacific Educational Conference, to be held on the PCC campus

(Continued from Page 1)

Office Administration program remains popular among incoming freshmen, while the high number of students signed up for the Education program is attributed to the MOE mandate requiring teachers to obtain their degrees in education.

In the Continuing Education program, the popular Summer Kids program is offering classes in English, math, and art to more than two hundred elementary students. The 4-weeks summer program is popular among students who want to reinforce their skills in the essential subjects of math and English.

Shay Elbelau of the CE office said that they wanted to help more students but unfortunately could not accommodate all interested due limited space facilities. The CE office shares classroom facilities with other programs such as the Classic Upward Bound and the Upward Bound Math & Science who have a combined number of students pegged at over one hundred fifty (150).

Elbelau also said that the 50% reduction in fees from \$50 to \$25 also made the Summer Kids program affordable to more students.



As part of their program requirements, over 100 Classic Upward Bound and 60 Upward Bound Math & Science students are taking summer classes at PCC.



(l-r) Cindy Rivera, Tan Yeh, and Eluil Ngiratechekii are taking advantage of the accelerated summer classes to earn additional credits in math, English and computer classes.

(Continued from Page 1)

PCC's campus will be the main site for the conference with the cafeteria, classrooms, computer labs, and training rooms to be used for many of the conference's workshops.

To make sure that our facilities are ready and presentable, the college has enlisted the help of students in the Construction Technology to paint benches, tables, and classrooms that will be used by the estimated 1000 participants to participate in the conference.



PCC Construction Tech. students resurface and paint benches at the Btaches classroom building.

Educators from schools all across the Pacific, Hawaii and the US mainland are expected to attend this year's PEC conference.

Palau first hosted the PEC conference in 1989, then again in 1995, and most recently in 2000.

For information about the PEC conference, contact the Ministry of Education at telephone number 488-1464.

Dolphins Pacific Hires PCC Tourism Graduate

By: Dolphins Pacific Staff

After completing twelve weeks (192 hours) of internship training, Filton Rdechur, a graduate of Palau Community College (PCC) Tourism & Hospitality-Tour Services program received a Certificate of Appreciation from Dolphins Pacific. He will also be joining the team of Animal Trainers at Dolphins Pacific. Filton had the opportunity to learn every aspect of the organization from greeting customers, taking reservations, guided tours, to animal training and fish preparation. He learned a lot from the process in which dolphin's receive medical & health checkups, a process that required a minimum of 14 staff.



Filton Rdechur (c) with management and staff of Dolphins Pacific.



Filton Rdechur graduated this spring with a degree in Tourism & Hospitality- Tour Services. He is pictured above receiving his degree from BOT Chairperson Bilung Gloria G. Salii..

Dolphins Pacific is very pleased to have Filton join our organization. He has proven himself to be a positive addition to our staff- very courteous, well-mannered and dedicated. He has some strong artistic talents and has interest in our marine life and its environment and we hope to share some of his talents and desires with our youth visitors this summer. Filton is the third PCC intern to be hired as a permanent full-time staff. The first two are Heather Ngiratreged (now with PVA) and Amorita Godwin (current staff). We like to acknowledge Vincent Ito for managing a very successful internship extension program at Palau Community College.

BITS AND PIECES...

New Instructor to Teach LIS program this Fall...



Pam Bidwell, Instructor, LIS program

Pam Bidwell, a native of New Zealand and formerly an instructor of Information & Library Science of Open Polytechnic School in New Zealand has been hired to teach the Library

and Information Services (LIS) program at PCC. She will begin her classes this coming fall semester.

Bidwell who signed an initial two-year contract said that her aim is to help her students become professional library technicians.

WJA Office Employs Horde of Students...

The Workforce Investment Act (WIA) has made available work opportunities this summer to 200 students and youth. The program offers job shadowing, mentoring, and career exploration to its participants who are ages 14-21. Of the 200 youth workers in the program this summer, 25 were assigned to PCC, working at various offices throughout the campus.



Josephine Ulengchong, Director, WIA Program

SDSU Master's Cohort to Present during PEC...

Students in the SDSU master's cohort program will make group presentations during the PEC 2006 conference. The presentations is a requirement for the ARP 727 class- Emerging Issues in Education taught by Dr. Steven Spencer of San Diego State University. The PEC conference has been scheduled to take place from July 12-14, 2006 and the PCC campus has been identified as the main site.

Processed Food Products from Taro

By: Lydia Marero, CRE Researcher

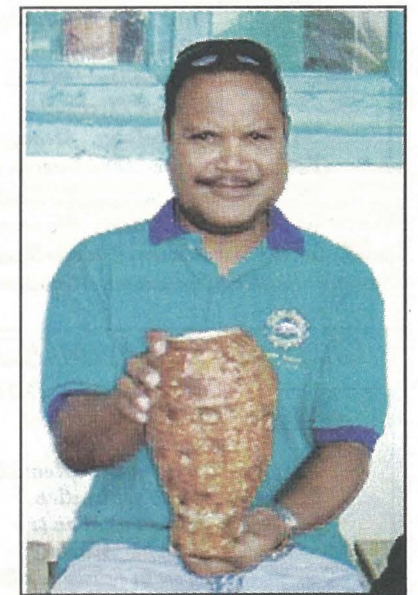
Taro is a very versatile food. Due to its mellow bland taste, it can be added with various flavoring materials, which makes it an ideal material for many processed foods.

The Palau Community College-Cooperative Research and Extension (PCC-CRE) has been conducting researches on taro production through tissue culture, as well as processing taro into food products.

Taro ice cream has been developed and has, so far, received excellent acceptance from those who have tasted the product. This delicacy is usually served to visitors of the R & D Station at Ngaremlengui State. Served with taro cookies, another CRE technology, the product is well-enjoyed by not only the young consumers, but also any age groups.

When flour is made from taro, there are various uses such as main ingredients for pancakes, steamed cakes, pasta, doughnuts, tama, cookies, brownies, muffins, cakes, and bread.

Boiled taro is prepared into salad, chowder, turnovers, hashbrowns, pastilles, and pudding. It can also be packed as boiled taro slices, diced, grated, and pureed which are kept frozen for future use.



Felix Sengebau, CRE extension agent holds a taro sample from their recent harvest.



Taro muffin, one of the many food products made with taro.

Taro is nutritionally beneficial. Not only that it is a good source of carbohydrates for energy, but also it contains several micronutrients like potassium. Potassium is the major cation in the intracellular fluid. It influences fluid electrolyte balance and acid-base balance, and plays a significant role in the activity of the skeletal and cardiac muscles. It also contributes to the transmission of nerve impulses and to the maintenance of normal blood pressure. Recent findings show that taro contains the female hormone estrogen, so this also adds to its many beneficial effects.

Anyone interested in learning how to prepare taro food products may call up PCC-CRE Vice President Thomas Taro at telephone number 488-2746, fax number 488-3307 or e-mail address at tarothomas@yahoo.com.

SBDC Has Business Plan Software for Clients



Carla Meleim of the SBDC uploads the Business Plan software for a client to use.

The Small Business Development Center has a business plan software that contains hundreds of sample business plan- available for use by clients. Lisa Abraham, Director of the SBDC said that due to their office's limited space, she is asking interested individuals make appointments before their visit. Appointments can be made by contacting telephone number 488-6004.