

## Alumni Notes

### Class of 1984 (MOC)

Ski Kertou-



1974 MOC graduate with a Vocational Certificate of Achievement (VCA) in Heavy Equipment-Diesel Mechanics (HEDM). Kertou has worked for 26 years with the RCP's Waste Water Treatment Plant under the Ministry of Resources & Development. He is the Operations Supervisor.

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### Class of 1988 (MOC)

Lynn Takawo-



1988 MOC graduate with a Certificate (CA) in General Office Clerk (GOC). Takawo worked for many years as the F&B manager for Palau Pacific Resort. She recently

made the move the Belau Head Start Program where she works as an Administrative Assistant.

### Class of 1993 (PCC)

Atarino Helieisar-



1993 PCC graduate with a Certificate of Achievement (CA) in General Office Clerk (GOC). Helieisar from the island of Chuuk is a Library Technician at the CCM-FSM Library in Pohnpei.

**Alumni Notes** showcases MOC&PCC alumni who contribute to the quality of life in their local community and are positive role models for other PCC students to emulate. If you are that alumni or know someone who is, please contact the PCC Development Office at telephone number 488-2471. We would like to feature you in future issues of the *Mesekiu's News*.

**Mesekiu's News**  
Palau Community College  
P.O. Box 9, Koror, Palau 96940

### Celebrating Birthdays

Grace Merong	July 22
Rehabeam Madlutk	July 23
Akilina Maech	July 25
Ignacio Akiwo	July 25
Takemura Erungel	July 25

Happy Birthday To You!

## PCC Endowment Fund Club Welcomes New Members

Palau Community College is excited to announce the newest members of the PCC Endowment Fund Club. From the Ministry of Resources & Development we welcome **Justine Isidoro, Free Soalablai, and Francisco Melaitau**; from the Ministry of Finance, we welcome **Happy Oilouch and Cleofas Iyar Jr.**; and from the Ministry of State, we welcome **Geraldine Shmull and Hilaria Sungino**.

By enrolling in the Endowment Club, these members join hundreds of other government and non-government employees who already donate a certain sum of their paycheck through bi-weekly allotments to the Endowment Fund. At the end of the year, all donors may apply for a refund of their donation as PCC is a nonprofit organization.

PCC thanks the newest members and all members of the Endowment Fund Club for their continued commitment and support to Palau's only institution of higher learning, Palau Community College.

If you would like to join the PCC Endowment Fund Club, please call Hulda or Dilubch at PCC telephone number 488-2470/2471, extension 253. They will be very happy to assist you!



Cleofas Iyar Jr.  
Utilities Collection, Min. of R&D



Free Soalablai  
Waste Water Plant,  
Min. of R&D



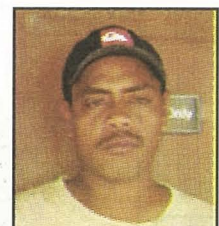
Geraldine Shmull  
Foreign Affairs, Min. of State



Francisco Melaitau  
Bridge&Road, Min. of R&D



Justine Isidoro  
Waste Water Plant,  
Min. of R&D



Happy Oilouch  
Utilities Collection, Min. of R&D



Hilaria Sungino  
Foreign Affairs, Min. of State

## Enroll at PCC, and Secure Your Future!

Palau Community College is proud to be at the forefront in Palau's efforts to provide higher education opportunities for her citizens. At PCC, we strive to guarantee quality and excellence in all our programs and services. As an accredited institution of higher learning, we offer federal financial aid as well as numerous scholarships to help pay for your education! Call the PCC Office of Admissions and Financial Aid or the PCC Development Office at (680) 488-2470/2471 for information about PCC offerings. We will be very happy to assist you! You may also want to visit our website at [www.palau.edu](http://www.palau.edu) and learn about Palau Community College, and the programs and services we have available for you.



# Palau Community College MESEKIU'S NEWS

FREE COPY



Friday, July 28, 2006

Weekly Newsletter

Volume 8, Issue 30

## PCC Library Included in \$54K Grant to Palau Libraries



Gretchen Reynolds, PCC Librarian

Palau Community College Librarian Gretchen Reynolds announced recently that PCC, Ministry of Education, and Palau Association of Libraries have been awarded a generous grant from the United States Federal Institute of Museum and Library Services through the Library Services and Technology Act.

Palau has received a \$54,000 IMLS/LSTA grant that will provide funding for a series of training programs and workshops for Palau's library community. The training program will be a one-week workshop in Summer 2007 that covers essential topics for local librarians. The workshop will supplement the current efforts of Palau Community College's Library & Information Services degree program. Additional workshops will take place to support and further develop Palau's Union Catalog activities. The Union Catalog is currently in use at

Palau Community College, Palau Public Library, Koror Elementary School, Meyuns Elementary School, Harris Elementary School, Belau National Museum, and Palau International Coral Reef Center.

This grant also provides limited funding to assist Palau in hosting the 16<sup>th</sup> Annual Pacific Islands Association of Libraries and Archives conference from November 13 - 18, 2006, as well as funding for library outreach activities to remote areas and to under-served communities, collection development, and a library needs assessment study.

Palau Community College and Ministry of Education are very excited about this grant funding because it will allow us to carry out much-needed library development activities.

Under U.S. federal legislation, the Institute of Museum and Library Services, through the Library Services and Technology Act of 1996, provides funds to libraries using a population-based formula. Libraries may use the appropriation to support statewide initiatives and services. Libraries may also distribute the funds through cooperative agreements to public, academic, research, school, or special libraries. The funds primarily support activities using technology for information sharing between libraries and communities or community services. IMLS also funds programs making library resources more accessible to urban, rural, and low-income residents, or others who have difficulty using library services.

## Tourism & Hospitality Student Selected For Japan Foundation Program



Ltelatk Fritz, PCC Tourism & Hospitality student

Second year Tourism & Hospitality program student Ltelatk Fritz has been selected from a pool of applicants for the popular and highly competitive Japan Foundation scholarship which offers the recipient an all-expense paid two-week language and cultural trip to Japan.

Fritz's genuine interest in learning about the Japanese culture and her Japanese language skills through classes that she has taken before made her a strong candidate for the scholarship.

Fritz who leaves to Japan on the 6th of August for the scholarship program is scheduled to return back to Palau in time for the registration and the start of fall semester.

Fritz is the second PCC tourism & hospitality student to be selected for the Japan Foundation scholarship. Zillah Mereb was the recipient of the Japan Foundation scholarship in 2005.

## Library Adds Over 300 New Titles in July

PCC Library added over 300 new titles to its collection during the month of July. The exciting new books range from award winning publications, notable books for all ages, books for reluctant readers, and new additions to the Micronesia Pacific collection. With so many new additions, almost everyone can find something interesting at PCC Library.

To check out any new book, please visit PCC Library. For questions or more information, please call 488-3540 or use our online catalog at <http://library.palau.edu> and select Palau Community College to search our collection.

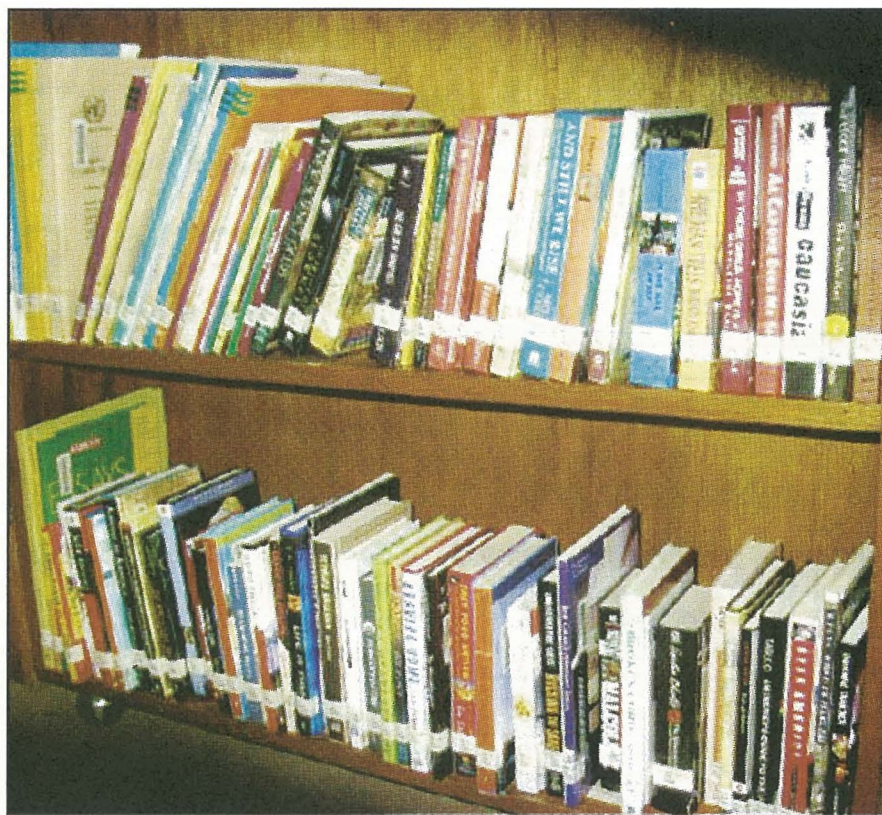
Some new titles in the collection are:

- ✓ The Mousetrap and Other Plays – Agatha Christie
- ✓ An American Insurrection – William Doyle
- ✓ In Praise of Slowness – Honore
- ✓ Autobiography of Malcolm X – Alex Haley
- ✓ Killer Angels – Michael Shaara
- ✓ Bucking the Sarge – Christopher Paul Curtis
- ✓ Land Has Eyes – DVD
- ✓ We Drank Our Tears: Memories of the Battles for Saipan and Tinian as told by Our Elders – Pacific Star Center for Young Writers

### PCC Library Hours For Summer 2006

Days	Hours Open
Monday- Friday	8am-8pm
Saturday	9am-6pm
Sunday	12am-6pm

Please call us at telephone number 488-3540 to find out if we have that book you have been looking for!



## Training Opportunity for Finance Professionals

The National Development Bank of Palau (NDBP) and Palau Community College Continuing Education Division, in conjunction with the Western Pacific Institute of Management are pleased to announce the availability of the following training opportunity:

**Course Title:** Structuring Commercial Loans  
**Date:** August 24-25, 2006 (Thursday and Friday)  
**Hours:** 8:30 am - 4:00 pm

**Description:** A loan is more than just the value of the collateral given as security. It is actually an understanding of the borrower's needs, financial condition, cash flow, and repayment ability. Structuring loans is the result of these analyses including risk analysis. This course gives an overview of the process of structuring commercial loans. Topics to be covered will include:

- ✓ What is included in the loan structure
- ✓ Basic principles of loan structure
- ✓ Financial, cash flow, and repayment ability analysis vs. loan structure
- ✓ Case study on loan structure: "Amplified Electronics"

**Fees:** \$325 inclusive of materials, lunch and refreshments (cash or check made out to National Development Bank of Palau)  
**Location:** PCC Continuing Education Training Room  
**Instructor:** Mark Zhao, Executive Director, Westpac Institute of Management

Call Polly at the NDBP at 488-2578 to reserve your seat by August 15, 2006. Only 15 slots available.

## BITS AND PIECES... Vice President Taro to Attend BOR Meeting in Kosrae.....



Thomas Taro, Vice President, PCC-CRE

Thomas Taro, Vice President for the PCC Cooperative Research & Extension (land grant program) will be attending the COM-FSM Board of Regents' meeting in Kosrae from August 1-5, 2006. The meeting will discuss FY07 budget, quarterly reports and PCC-CRE's 5-Year plan of work which covers year 2007 – 2011. The plan of work from each College of Micronesia's component, which includes PCC-CRE, will be reviewed, modified if necessary and compiled into one 5-year plan of work for the whole COM-FSM land grant program.

## Upward Bound Fall Recruitment Visit Set.....

The Classic Upward Bound Program is set to visit four local high schools to initiate its annual recruitment effort in preparation for the start of the new school year. The following is their visit schedule:

High School	Date of Visit
Mindszenty High Sch.	8-7-06
Emmaus High Sch.	8-15-06
Palau High School	8-17-06
Bethania High School	8-28-06

### Important Dates to Remember

August 7-11	- Placement Testing
August 10	- Freshmen Orientation
August 12	- Last day to submit PCC Scholarship applications
August 14	- Deadline for Internship applications
August 14-17	- Advising & Registr. Instruction
August 21	- First Day of Instruction
August 21-25	- Late Registration/ Drop & Add Period

## CRE Staff Attends Meeting in CNMI

Contributed by: Josepha Tutii, PCC-CRE Extension Agent

Extension Agent Josepha Tutii attended Expanded Food & Nutrition Education Program (EFNEP) and Healthy Living in the Pacific Islands (HLPI) meetings in CNMI from June 26 – 29<sup>th</sup>, 2006.

The first meeting focused on EFNEP success stories, barriers encountered when conducting classes or group meetings, and how to best recruit home makers to stay in the program until required hours are completed. Representatives from each site share their EFNEP programs' success stories as well as problems encountered. Recruitment and retention of participants were identified as two common barriers experienced amongst all sites. Some sites such as American Samoa and CNMI are using small initiatives to entice their participants to stay in the program until completion but these initiatives do not always work. Another problem encountered mostly in the Micronesian region was how to get people to eat more fruits and vegetables and calcium-rich foods which could remedy the potential problem of vitamin/mineral deficiency.

Another topic discussed was to integrate physical activities with EFNEP programs to get more beneficial results. Dr. Viliame Puloka from SPC did a presentation on the importance of physical activities and urged everyone

to do a moderate 30-minute a day walk for healthy body. Stressing the importance of this activity, he handed out pedometers and encouraged participants to use them during their walking exercise.

The second meeting went over HLPI overview and its present status. Dr. Rachel Novotny who coordinated all activities of the HLPI Initiative informed everyone that proposal for HLPI was not approved and the initiative will be discontinued. Novotny at the same time, will be taking on another job at Kaiser Permanente. The news of HLPI phase out prompted discussion on alternatives to keep the initiative going. It was agreed that Novotny will look into the possibility of merging HLPI with her new position at Kaiser Permanente so that it will be able to continue.

Representatives from each site reported on their respective activities and the challenges they encountered. Dr. Temo Waganivalu from the World Health Organization (WHO) did a presentation on basic physical exercises and discussed the importance of integrating such activities with EFNEP programs and how the two can help reduce NCDs (Non Communicable Diseases) in each island countries. The next HLPI meeting is slated to be held in Palau in June 2007.



Josepha Tutii (standing-center), PCC-CRE Extension Agent with colleagues from other Pacific Island countries at the land-grant meeting in Saipan, CNMI.