

Moylan's Issues \$1000 Scholarship Check



PCC Vice President of Administration and Finance Leo Ben Teriong receiving a \$1000 scholarship check from Moylan's Insurance Account Executive Mindy Ubedei.

This newsletter would like to feature Endowment Club members' accomplishments and birthdays. Call Jay Olegeriil or Armstrong Debelbot at PCC Development Office at 488-2471, extension 253 and they will be very happy to assist you!

Palau Community College

is proud to be at the forefront in Palau's efforts to provide higher education opportunities for her citizens. At PCC, we strive to guarantee quality and excellence in all our programs and services. Call the PCC Office of Admissions and Financial Aid or the PCC Development Office for information about PCC offerings. We will be very happy to assist you!



Mesekiu's News

Palau Community College
P.O. Box 9
Koror, Palau 96940

Celebrating Birthdays



Anne Mobil September 6
Midas Ngiracheluolu September 8
Sue Ikertang September 9
Joshua Bedangel September 9

Happy Birthday To You!!!

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AG Students Comfortable with New Instructor

PCC Agriculture students are warming up comfortably to their new instructor Dr. Aurora Del Rosario. Despite the recent absence of their long time agriculture instructor Dr. Joel Miles who took a one year sabbatical early August to pursue other interest, the students are taking special interest in the teaching methods of Dr. Del Rosario.

Weiling Sked, a second year agriculture student says she most especially likes the more personal, one on one approach that Del Rosario applies with the students especially when they are doing lab work or working out in the field. "She not only says what she wants us to do but literally shows us how it is done and this is most helpful in hands-on class exercises. Furthermore, it helps the first year students, especially those who have little or no background in agriculture classes get comfortable and adjust faster," said Weiling during a Mesekiu's News interview last week.

Dr. Del Rosario is a researcher with the PCC-Cooperative Research & Extension and was called upon together with her colleague Dr. Neslon Esquerra to teach agriculture classes for the interim while a recruitment is conducted for a replacement for Dr. Joel Miles.



Dr. Aurora Del Rosario (standing) keeps a close eye on her students as they work on their field exercises. The agriculture students are prepping the farm for tilling and cultivating.

Endowment Contributors Club: Two Enroll from MOH, Lost PCC Enrollees Found

Eventhough recruitment effort for the PCC Endowment Contributors' Club has been scaled back in anticipation and preparation for the up-coming Annual Thanksgiving Fundraiser, the PCC Development Office is proud to announce that individuals are still coming forth on their own to enroll in the program. This week, two individuals enrolled from the Ministry of Health and they are: Catherine Ksano of the laboratory department and Jesse West of the bio-medical department.

Also on the home front, we would like to extend a warm "welcome back" to Taruu Abraham, Anne Mobil, and Sunshine Garcia whose allotment forms have now been "formalized".

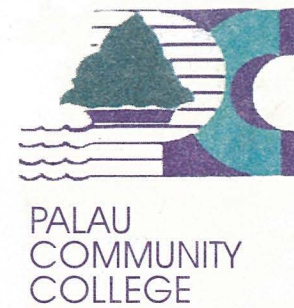
The PCC Endowment Fund Contributor's Club has an open season enrollment policy all year long and interested individuals may contact Jay Olegeriil or Armstrong Debelbot at telephone number 488-2471 for enrollment information.



Catherine Ksano - MOH



Jesse West - MOH



Palau Community College MESEKIU'S NEWS

FREE COPY



Friday, September 5, 2003

Weekly Newsletter

Volume 5, Issue 36

PCC-Based Scholarships Awarded

Congratulations all Recipients for School Year 2003-2004

After two weeks of conscientiously reviewing each and every application and poring over numerous transcripts and diplomas to make certain that requirements are met and the the numerous applicants are ranked properly following the criteria for each of the six PCC-based scholarship, the screening committee's final report to President Tellei was given the stamp of approval earlier this week.

This year's pool of applicants were highly competitive as many of them hold very high G.P.As. Needless to say, the selection process was more challenging than previous years as only a few percentage points seperated a lot of the top applicants. Each scholarship recipients will receive a \$500 scholarship.

The following are the PCC scholarship recipients for school year 2003-04.



Laureen Joseph, recipient of the Prince Lebuu Scholarship is a second year, straight A student majoring in Liberal Arts. She is graduating this Fall Semester.



Dina Ngirmekur, recipient of Shell Company Scholarship is a graduate of Palau High School in her first semester at PCC majoring in Liberal Arts.

Charity Wachi, recipient of Moylan's Insurance Scholarship is a Palau High School graduate and a first year student majoring in Tourism & Hospitality.



Alfred Pedro, recipient of Shell Company Scholarship is a Nursing major who will be graduating in the Spring Semester with an AS degree.



Jonet S. Del Rosario, recipient of Moylan's Insurance Scholarship is a Palau High School alumna and a first year student majoring in Business Accounting.



Kate M. Jonas, a Roman Tmetuchl Scholarship recipient is a continuing student majoring in Business Accounting. She is graduating in the Spring Semester.

Tristine O. Kumangai is the lone recipient of the Pierantozzi Scholarship. A graduate of Mindszenty High School with honors, she is a first year student majoring in Business Accounting.



Leslie Kuterbis, a Mindszenty High School graduate is a first year student majoring in Nursing. She is a recipient of the Roman Tmetuchl Scholarship. (photo not available)

Registrar's Office Releases Fall 2003 Student Statistics

ENTITIES	CLASS LEVEL				T O T A L	GENDER		T O T A L	REGISTRATION STATUS						T O T A L	STUDENT STATUS	
	FR	SO	DUAL	TR		M	F		L	CONT	FT	RA	RET	TR		DUAL	L
PALAU	451	86	0	11	548	196	352	548	376	101	21	48	2	0	548	401	147
YAP	47	10	0	0	57	41	16	57	41	8	7	1	0	0	57	44	13
POHNPEI	13	0	0	0	13	9	4	13	5	5	2	0	1	0	13	11	2
KOSRAE	33	2	0	0	35	24	11	35	23	8	3	1	0	0	35	31	4
CHUK	8	2	0	0	10	6	4	10	9	1	0	0	0	0	10	8	2
RM	11	2	0	0	13	7	6	13	8	4	1	0	0	0	13	10	3
OTHERS	7	0	0	13	20	7	13	20	8	9	0	3	0	0	20	5	15
TOTAL	570	102	0	24	696	290	406	696	470	136	34	53	3	0	696	510	186
GRAND TOTAL	696																

REGISTRATION STATUS:
CONT - Continuing Students
FT - First Time Students
RA - Readmitted Students
RET - Returning Students

STUDENT STATUS:
F-Time - Full Time Students
P-Time - Part Time Students

Earth's Easiest Exercise For Palau's Laziest Health Buffs

(Source: TopHealth, the health promotion and wellness newsletter)

Walking can add years to your life and life to your years. And it couldn't be easier. You don't need to join a health club, wear special equipment or go into training to reap the rewards:

The Conditioner -- Walking conditions your heart and lungs and raises your body's ability to use oxygen more efficiently. Fact: In one study, women who walked briskly (3-4 miles per hour) at least three yours a week cut their risk of heart attack and stroke by more than half.

The Protector -- Walking helps beat other health problems, too. It reduces your risk of some forms of cancer and osteoporosis. It fights the battle of the bulge, taking off fat and building muscle. Walking can even help people with diabetes reduce or eliminate their need for medication.

The Joint-Saver -- Walking can burn about as many calories per mile as jogging does. But it delivers only about a quarter of the jolt, so it's much easier on your joints and muscles.

The De-Stressor -- Walking's easy on your mind, too, since it lessens stress and lightens depression. Beginning walkers usually report that they feel better, sleep better and that their mental outlook improves.

The Winner -- Best of all, walking has the lowest dropout rate of any form of exercise. So you're more likely to stick with it and get all these benefits and more, like better digestion, improved regularity and lower blood pressure.

There's Nothing To It -- Just put on a sturdy, comfortable pair of shoes and go. Smart moves: Walk to the store for the Sunday paper... park a few blocks from work...use stairs instead of elevators.

How fast should you go? That's easy, too. Just use the "talk test." Move at a steady clip that makes your heart beat faster and causes you to breathe more deeply -- but doesn't leave you too breathless to carry on a conversation. You'll do yourself a world of good.

Search Engines for Kids @ PCC Library

Written by PCC Library Technician Ms. Imengel Mad

General search engines can be difficult for younger surfers to use and understand. More importantly, even the most innocuous search (eg. "leather" or "bunny") can lead to age-inappropriate sites. Some search engines such as Altavista, offer password protected family filters that adults can activate to block inappropriate links. Software such as NetNanny and Cybersitter can be purchased and installed on home computers used by children.

Many search engines are specifically designed to fill the need for child-safe search sources of inline information. Most of them also provide interactive games and activities, chat rooms, and links to educational and entertaining sites. The following sites are recommended for young surfers:



Ask Jeeves Kids:

www.ajkids.com

Similar to the adult version of Ask Jeeves, Ask Jeeves Kids lets you search using plain English. Jeeves will help clarify your search to ensure that you get the answers you need. Results are provided in the

form of questions in drop-down box; select the closest match to your search and click ASK! to go directly to the best site (as determined by Ask Jeeves' editors). This feature simplifies matter for young users, who won't have to scroll over a long series of hits. However, youngsters looking for more obscure searches may be frustrated by the poor search results. The database is not very large, but Ask Jeeves tries to enhance visitors' chances of a successful search by providing matches from meta-search partners.

Page 2

Fall 2003 Academic Calendar

First day of instruction	August 18
Late Registration/Drop & Add Period	August 18-22
HOLIDAY: Labor Day	September 1
HOLIDAY: Indep. Day	October 1
Last Day to remove incomplete Summer Grades	October 2
Mid-term Period	October 13-17
HOLIDAY: UN Day	October 24
Last Day for all Withdrawals	October 27
HOLIDAY: Thanksgiving	November 27
Last Day of Instruction	December 5
Final Exam Period	December 8-10
Grades Due	December 12

CyberSleuth Kids: cybersleuth-kids.com

With so much information available on the Internet, this site helps kids pinpoint the materials that will provide the answers or assistance they seek. Visitors can search within defined categories (eg. Art and geography), by subject (eg. Science fair and inventors), or by keyword. The reference section offers access to hundreds of additional resource tools including dictionaries, encyclopedias and other fact books, biographies, thesauri, literary quotations, and much more. You'll also find a wealth of links to sites in a wide range of categories.

What is New at the Micro-Pacific section?

Rural Education in Palau: a Second Look at Tobi Elementary School by Huan Hosei. This study is a survey research to look at the perceived importance of a school on Hatobei (Tobi).

Hitting Hard: Family Violence. This video explores the difference between protections from violence in the past and present through the stories of two families, one traditional and one modern. Both families must learn to avoid violence and to find solutions that work with their respective lifestyles. In a world where past and present often clash, there is no perfect answer in dealing with family violence. But we can learn from the past that there is help, if only we look for it.

**"Without libraries that we have?
We have no past and no future".
Ray Bradbury
Visit your PCC Library today!**

BITS AND PIECES...

CE Offers Family Tree Class

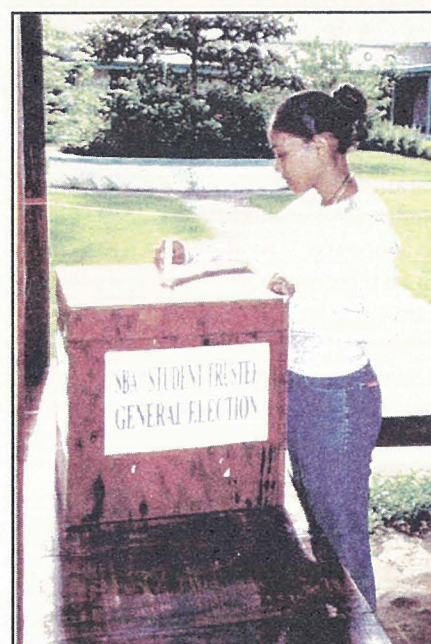
The Continuing Education Office will be starting instructions on September 17, 2003 for a Family Tree Class. The class will teach participants to master a software program that specializes in the mapping of family trees.

The class will be taught by Elder Skousen and Sister Skousen from the Church of Jesus Christ of Latter Day Saints. Space is limited for this class as each student is assigned to a lap-top so registration will be conducted on a first-come, first-served basis.

Contact Taruu Abraham or Eileen Babauta at the CE Office, telephone number 488-6223 to register.

SBA/Trustee General Elections

Unofficial results for the student trustee general election that was held on Wednesday puts Hamilton Maech ahead of Ngirmeriil Ngirmeriil by ten votes. No numbers were yet available for the SBA candidates but official tallies for both SBA and Student Trustee will be in the next week issue of Mesekiu's News.



PCC student Tewid Elechuus casts the first vote during last Wednesday's general election for new SBA officers and student trustee.

UB Recruitment Schedule for Fall 2003

Tue., Sept. 9, 2003	1:30 pm @ MHS 3:30 pm @ PHS
Wed., Sept. 10, 2003	2:30 pm @ EHS
Thur., Sept. 11, 2003	1:30 pm @ BHS
Fri., Sept. 12, 2003	8:30 am @ PMA 1:30 pm @ BMS

For information regarding the recruitment visits, please contact the Upward Bound Office at 488-2962.

Dorm Students Prep Lower Campus for Start of Police Academy



In preparation for the start of the Police Academy on campus, students were busy cleaning the lower campus earlier this week.

TOEFL TESTING DATES 2003-2004

Test Date	Registration Deadline (Rec't. Date at TOEFL Office)	Score Report Mailing Date
Oct. 18, 2003	August 29, 2003	November 26, 2003
May 15, 2004	March 29, 2004	June 23, 2004



- The Test of Written English (TWE) is given with the TOEFL test. It is a 30-minute writing test that is required of everyone taking the paper-based test. The TWE score is reported separately and is not added to the TOEFL score.

- Testing and Service Fees - \$130.00

- There are two ways to register for the test.

1. Online Registration - Those with American Express, VISA, JCB, Mastercard, and Discover credit cards may register for the test at the TOEFL Web site (www.toefl.org), or see Karen Mobel at Human Resources Development for an arrangement to use PCC credit card.

2. Mail-in Registration - You may obtain the TOEFL Bulletin from Myorang Besebes at the PCC Student Life Office.

For information about TOEFL registration and testing, contact Marensia Edward at PCC telephone (680) 488-3036.

Graduate Record Examination (GRE) 2003-2004 Dates for Paper-Based Administration

	Fees	Test Dates	Receipt Dates at ETS for Registration	Approximate Score Mailing Dates
General Test	\$140.00	October 25, 2003	August 29, 2003	December 05, 2003
Subject Test	\$150.00	November 08, 2003	September 12, 2003	December 19, 2003

For Registration Form and detailed information about the GRE, please feel free to contact PCC Office of Student life at 488-3036.