

## Ministry of Health Behavioral Health Division Presents Clinical Counseling Classes

It is estimated that 2,841 persons in Palau may need substance-abuse treatment, including 405 women (SANA, 1998). Learn about the disease of addiction and learn to help individuals, families, and communities. Consider Clinical Counseling classes beginning November 1<sup>st</sup>, 2004 until April 10<sup>th</sup>, 2005. The class will be given 1 day per week (9 hours) for 6 months. Earn up to 295 hours of substance abuse specific education in counseling and earn credits toward your international addiction certification license. There will be a \$50 Certificate fee. The class is limited to 25 students. If you are a college student, professional, or community member interested in chemical counseling, please contact Michael Marinelli at the Bedochel Treatment Center at 488-4711.

Class syllabus is as follows:

- Introduction to Chemical Dependency Counseling
- Professorial Ethics
- Confidentiality
- Basic Counseling Skills
- Group Counseling Skills
- Counseling Theories
- HIV/STD's/AIDS
- Pharmacology
- Cultural Diversity
- Chemical Dependency Diagnosis
- Addiction/Treatment/Recovery
- 12 Core Functions of a Counselor (In Depth)
- Preparation Review for International Certification Examination

For more information please contact Mike Marinelli or Ellen Chiokai at 488-4711/1164. There will be a \$50 Certificate fee. The class is limited to 25 students.

### Our Condolences...

The entire PCC family extends our condolences to our fellow colleague, **Xavier Decherong** on the passing of his dear Mother, **Murako Decherong**. Our Prayers and warm wishes are with you and your family during this difficult time.

### Celebrating Birthdays



Moses Bells	October 17
Debra Neas	October 17
Marianne Temaungil	October 18
Helene Moros	October 20

*Happy Birthday To You!!!*

### PCC 2004 Fall Semester Academic Calendar Year

August 2, 2004	Monday Faculty Report for duty
Augusts 9-13, (M-F)	Placement Testing
August 16-18, (M-W)	Freshmen Orientation and Advising
August 19 (TH)	Registration
August 23 (M)	First Day of Instruction
August 23-27 (M-F)	Late Registration/Drop and Add Period
September 6 (M)	Holiday Labor Day
October 1 (F)	Holiday: Independence Day
October 4 (M)	Last Day to Remove Incomplete Grades (Summer)
October 11-15 (M-F)	Mid-Term Period
October 22 (F)	Last Day For All Withdrawals
October 25 (M)	Holiday: UN Day
November 25 (TH)	Holiday: Thanksgiving Day
November 25-26 (TH-F)	Students Thanksgiving Break
December 10 (F)	Last Day for Instruction
December 13-15 (M-W)	Final Examination Period
December 20 (M)	Grades Due, End of Fall Semester, Student Fall Break

### CE Offers Training

The PCC Continuing Education Office would like to announce the following training opportunities:

**Accounting Workshop**  
**Quicken Training**  
**Introduction to Employment**  
**Cashiering Workshop**  
**Cost Benefit Analysis**

Anyone who would like to learn more about these training programs offered by PCC is encouraged to contact Eileen Babauta or Taruu Nakamura at PCC telephone number 488-2471/6223. Or, you may visit the PCC Continuing Education Office every weekday from 8:00am - 5:00pm.



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# Palau Community College MESEKIU'S NEWS

**FREE COPY**



Friday, October 15, 2004

Weekly Newsletter

Volume 6, Issue 41

## UBMS Conducts Orientation Program for Students



UBMS High School Participants Pose During Their Orientation

One located at the University of Hawaii at Hilo and another at the Leeward Community College in Honolulu, Hawaii. PCC is now the third center in the Pacific and the only one in the Micronesian region. In his address to the students, Director Tadao stated: "On behalf of the UBMS staff I welcome all of you here today and I look forward to closely working with everyone of you to ensure that you receive the support and assistance you need to succeed in this program. I am excited because this year, we have quite a number of programs that will not only help you do better in school and prepare you for college but we will also have fun activities and opportunities to meet new people and make lasting friendships."

Director Tadao added: "Through our program, we help develop the students most critical areas of education, the fields of science and math. We help guide and encourage our students to strengthen their skills in these subjects so that they may continue to pursue those interests in college, because these core subjects are important not only for college but for the future doctors, scientists, architects and math and science teachers of Palau. These professions are critical to Palau's development and these are the students who will fulfill those needs in the future."

### Hawaiian Rock, Rocks PCC!

PCC would like to thank the Hawaiian Rock Company for generously donating \$1000 toward the upcoming PCC Annual Thanksgiving Fundraiser. So far, Hawaiian Rock is our biggest donor next, to WCTC and has for the past years made similar contributions and for that PCC is truly grateful. Thanks Hawaiian Rock, you guys really Rock and Roll. With the College's 6th Thanksgiving Fund Raiser for the PCC Endowment Fund scheduled for Wednesday November 24th, we have a little over a month to prepare for this major College event. As mentioned in earlier issues of this newsletter, the goal is to raise \$20,000 while giving away fabulous prizes that have been donated by generous corporate citizens and local individuals. So what are you waiting for, donate and get your chance to win some wonderful prizes while helping your College, PCC. For information on tickets please call, Hulda, Dilubch or Temmy at the PCC's Development Office at 488-2471/2470 ext 253.

### PCC Receives Bronze Award

The National Council of Marketing and Public Relations (NCMPR) awarded PCC the Bronze for its Annual Report Publication submission to the NCMPR's Medallion Awards. The Medallion Awards recognizes outstanding achievement in communications at community, junior and technical colleges at a district level. Palau is included in District six, which includes Arizona, California, Hawaii, Micronesia, Nevada, Northern Marianas, Utah, American Samoa, Australia, Guam, New Zealand, and Wake Island. The Medallion awards honors excellence among marketing and PR professionals at two-year colleges. The NCMPR represents marketing and PR professionals at community, technical and junior colleges level. NCMPR has more than 1,550 members from more than 600 colleges across the United States, Canada and Bahamas. NCMPR offers a broad range of professional growth opportunities and support services in marketing, public and media relations. The organization is governed by a 16-member board of directors, all of whom are community college marketing professionals who volunteer their time and expertise to deliver responsive member services and advance the interests of the organization. NCMPR.

## What's New in your PCC Micronesia Pacific Collection...

*Pushing out to sea: creating a new FSM economy:* This video takes a look at the FSM's attempts to build a working economy over the past 50 years, from the TTPI days through Compact I. It also outlines the upcoming Compact II and what steps the FSM needs to take in order to promote economic development. What can the FSM expect in terms of jobs, emigration, and compact assistance over the next 20 years? What does FSM need to do in order to push the canoe of the economy out to the sea?

*Under Heaven's Brow: Pre-Christian Religious Tradition in Chuuk* by Ward H. Goodenough: For the people of Chuuk and for students of religion and Micronesian culture, this book pulls together and makes available in English the somewhat scattered published accounts (largely in German), along with Goodenough's own (as yet unpublished) information about religious beliefs and ritual practices in pre-Christian Chuuk.

## PCC-GSVU Agreement Opens Door for Students

Do you wish to further pursue your college career in the U.S.A? Do you want to be able to transfer most of your credits from PCC to 4-year University? Do you want to go to University but were not sure where to go? Well now, because of articulation agreement between the Palau Community College and the Grand Valley State University (GVSU), transferring to a quality university in the United States has been made much easier. GVSU is now accepting qualified students from PCC who meet the requirements for admission. The current admission requirement for transfer students includes the completion of at least 30 college credits with at least a 2.5 transfer grade point average. Almost all of these required courses can be taken at PCC. So if you want, rather than going straight to University in the U.S. where you begin as a true freshmen, you can gain valuable experience at home, attain college level credits, and save money by attending PCC and eventually transferring later to GVSU as a sophomore or junior in college. This makes total sense as it would be cost effective and efficient way for many Palauans students who wish to pursue a college career in the U.S. Make PCC your first step to educational Success at GVSU. GVSU is also offering a scholarship to two Palauan students each year in honor of one of its famous alumni, our very own Tommy Rengemesau Jr. President of the Republic of Palau. GVSU is offering at least one qualified Palauan a scholarship valued at about US\$7,000 per year. For more information please contact Mr. Jim Crawley, Associate Director for International Recruitment at GVSU, at [crawleyj@gvsu.edu](mailto:crawleyj@gvsu.edu) for address and other relevant information. He will have an application for admission mailed or e-mailed to those interested in applying to GVSU. The application is also available on-line through the university's web site at <http://admissions.gvsu.edu>. Any interested student may wish to explore the GVSU web site at <http://www.gvsu.edu>

### 2004 Thanksgiving Prize List

Once again, Annual PCC Endowment Fundraiser is near. It will take place here on campus on November 24, 2004, Wednesday, a day before Thanksgiving. Tickets are on sale now for \$10.00 each. Stop by at Development Office and see Hulda, Diubch, Temmy or Jay for a ticket.



**Cash Prizes:**  
**\$1,000 Grand Prize**  
**\$500 First Prize**  
**\$250 Second Prize**  
**\$150 Third Prize**  
**\$100 Fourth Prize**  
**\$50 Fifth - Tenth Prizes**





**Other FREE Prizes:**  
**Washer**  
**Dryer**  
**Microwave**





**Overnight Stay-Palasia Hotel**  
**Membership at Fitness Center-Palasia Hotel**  
**One week Free Lunch & Drink at PCC Bookstore**



**Fishing Trip**  
**Plants**  
**Beauty Makeovers**  
**Massages**  
**Really Really Big Fish**  
**Dinner Certificates**  
**Lunch Certificates**  
**Live Baby Pig**

and much, much more!

## PCC Student Wins Scholarship



Tanya Receives Check From John Devivo, Rotary Club Treasurer, also in picture are members of the Palau National Scholarship Board

PCC student Tanya Rengulbai was awarded the Rotary Club of Palau's Dave Williams Scholarship. Tanya Rengulbai is a sophomore majoring in business accounting. She received the first installment of a \$500 scholarship check during a Rotary Club luncheon held at the

Penthouse Hotel this past Friday October 8. An additional check will be given to Ms. Rengulbai next semester. The scholarship is in honor of the late Dave Williams, a Rotary Club Charter Member and who was a proponent of encouraging local students to attend the Palau Community College. Funding for the scholarship is raised through the sales of pies and cakes made by Margaret Williams, widow of the late Dave Williams and auctioned off by the Rotary Club.

This is the second year of the scholarship and officials of the Rotary Club hope to continue the scholarship for years to come. Tanya Rengulbai said, "I am grateful to the members of the Rotary Club for selecting me and to the family of the late Dave Williams for this opportunity; I will do my best to reciprocate this honor by being the best student I can be and achieving my educational goals."

PCC would like to thank the members of the Rotary Club and family members of the late Dave Williams for giving our students the support they need to succeed. Thank you all. Congratulations Tanya and good job, we are confident you will do the Rotary Club and Dave Williams Scholarship proud.

## BITS AND PIECES...

### Panelists for Japan Conference Wanted....

For young people age: 18-27 who are studying Japanese and wish to become panelists for the Nihongo Summit—Expo 2005 Aichi "Nature's Wisdom", a gateway for world scholars of the Japanese language. For Palauan students attending college or have graduated from college and have a love for the Japanese language are welcome to apply. The Deadline is November 15, 2004 to apply. For more information, please contact PCC Japanese Language Instructor, Junko Kobayashi at 488-2471/2470, ext 272.

### Fourth Olechotel Belau Fair is Next Week

The Fourth Olechotel Belau Fair has been confirmed to take place from October 23-25, 2004. Like the last three years, the fair will feature traditional dance as well as modern dance performances. There will also be storytelling, live entertainment by local singers, singing contests, traditional sporting games such as spearthrowing, coconut husking, etc. Additional activities include a parade to launch the fair, food tasting, showcasing of flora and fauna and the selling of local arts and crafts and food. Anyone who would like more information about the Fourth Olechotel Belau Fair is encouraged to contact Mr. Tobias Marbou at the Ministry of Community and Cultural Affairs telephone number (680) 488-1126.

### CRE's Interim VP Shines In Workshop....

CRE's Interim Vice President Thomas Taro represented PCC at the Ministry of Health's first ever Non Communicable Disease Workshop: National Strategy for Palau. Thomas was a member of panel of experts and community members whose presentations focused on Nutrition and Physical Activities. Thomas briefed the workshop participants on PCC's effort to promote healthy lifestyles through its recreational activities, sport programs, health and nutrition courses and its community events. Thomas reaffirmed PCC's role of looking after the physical, mental and social wellbeing of its students, faculty and community by encouraging a healthy lifestyle, because a healthy body means healthy a community.

## Koshiba Prepares Palau's Teachers



Rebecca Koshiba

Rebecca Koshiba, a specialist on Child Abuse from the Ministry of Health was invited by PCC Instructor Wilma Sukrad to her ED 110 class to help students learn more about the issue of child abuse. Koshiba discussed case studies, defined child abuse in legal terms and helped students recognize the signs of child abuse. For many of Sukrad's students, Koshiba's presentation was truly an eye-opener as many students who work fulltime as teachers were surprised to discover the number of child abuse cases to be so high for Palau. Koshiba reminded the students that as teachers they are mandated

by law to insure the rights of children are protected and are liable if cases of abuse are not reported. She educated teachers how to prevent or identify and respond to child abuse.

Koshiba helped them understand the important role they have as student-teachers is not only educate but to protect them especially if the children are abused by their parents or relatives. In many cases because they have daily contact with children, teachers are most likely to witness the signs of abuse and on many occasions they are only people abused children can turn to. She estimates that there is a higher number of child abuse cases but because Palau is such a small community only a small percentage of child abuse is ever reported. However, she feels that by working together as teachers, families, and community members we can not only stop child abuse we can prevent it.

Koshiba stated: "We need to need to work together to prevent all forms of child abuse by creating changes in individuals, families and society by increasing awareness and creating positive, non-abusive and safe classrooms and homes for our children."

### Definitions of Child Abuse:

*Child abuse is the intentional use of physical force or intentional omission of care by a parent or caretaker that causes a child to be hurt, maimed, or killed. Child abuse covers a wide range of harmful actions, which generally vary with the age of the child.*

### Indicators of Child Abuse

#### Medical

Parents failing to see that children are immunized as illustrated by lack of/incomplete records of immunization shots. Parents neglecting to attend to needs of sick children which is indicated by children who are obviously ill but are sent to school anyway. Parents allowing children to use tobacco which is verified by children who say it's okay by their parents if they chew with tobacco.

#### Educational

Parents failing to keep children between ages 6 – 17 in school not for health related reasons but to baby sit younger siblings or care for elderly grandparents etc.

#### Basic Needs

Parents' failure to provide, clothing, food, and shelter. Obvious signs are that children come to school wearing soiled clothes, unable to focus on studying due to hunger or unable to concentrate due to lack of sleep.

#### Emotional

Parents constantly making negative remarks about children; using profanity on children. These result in children becoming either withdrawn or bullish in behavior when in school.

**NOTE: Once a child enters the campus, he becomes the school responsibility until the school is officially dismissed. This means that the school/teachers are mandated by ROP law to ensure children's safety; therefore, are 100% liable for any injury (physical, emotional, etc.) to the child during school hours.**