

CE Offers Training

The PCC Continuing Education Office would like to announce the following training opportunities:

History of Palau
Palauan Historical Sites
Palauan Proverbs
Palauan Leadership Structure
Palauan Leadership Strategies

Anyone who would like to learn more about these training programs offered by PCC is encouraged to contact Eileen Babauta or Taruu Nakamura at PCC telephone number 488-2471/6223. Or, you may visit the PCC Continuing Education Office every weekday from 8:00am - 5:00pm.



PCC Student Trustee Hamilton Maech and CRE Interim VP Thomas Taro Taking It Easy and Talking Story.

Celebrating Birthdays

Ramon Garcia January 2
Jemmy Blelai January 3
Leilani Senior January 6
Antonia Sisor January 6
Willes Tmecherur January 6

Happy Birthday To You!!!

Mesekiu's News
Palau Community College
P.O. Box 9
Koror, Palau 96940

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Job Opportunities at PCC!

PCC-Upward Bound Math and Science Program has the Following Job Openings:

Positions:

One (1) Science Tutor
One (1) Math Tutor
Two (2) English Tutors

Salary:

\$150 Bi/weekly for eight weeks
(Starting January 3, 2005, ending May 20, 2005 from 4:30 pm to 5:30 pm)

Job Qualifications:

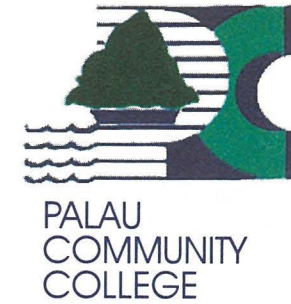
- College sophomore classification; Bachelor's Degree is preferred
- Grade point average is 3.00 OR higher
- Previous tutoring experience is preferred especially with TRIO Programs
- Preference given to candidates who are from low income background and first generation college graduates

General Information

Applications forms can be obtained from PCC-Human Resource Division (HRD) or Upward Bound Math and Science Office. Submit completed application with official academic transcript, diploma, resume and verification of previous employment to any of the above addresses.

Spring Semester 2005

December	27-30 (M-TH)	Placement Testing
January	3-5 (M-W)	Freshman Orientation & Advising
January	6 (TH)	Registration
January	10 (M)	First Day of Instruction
January	10-14 (M-F)	Late Registration/Drop & Add Period
February	18 (F)	Last Day to Remove Incomplete Grades for Fall Semester
March	7-11 (M-F)	Mid-Term Period
March	14-18 (M-F)	Students' Spring Break
March	15 (T)	Holiday: Youth Day
March	25 (F)	Last Day For All Withdrawals
April	1 (F)	PCC Charter Day Celebration
April	2(S)	PCC Charter Day
May	5 (TH)	Holiday: Senior Citizens' Day
May	6 (F)	Last Day of Instruction
May	9-11 (M-W)	Final Examination Period
May	11 (W)	Graduates' Grades Due
May	16(M)	Grades Due
May	20 (F)	Commencement Exercises
		End of Spring Semester
		Students' Spring Recess



Palau Community College MESEKIU'S NEWS

FREE COPY



Friday, December 31, 2004

Weekly Newsletter

Volume 6, Issue 51

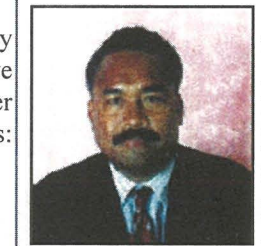
HAPPY NEW YEAR !!!

Tomorrow is New Year's Day Happy New Year Palau! It's the beginning of a new year and we hope all of you have gone to a good start. There is nothing like a new beginning, a fresh start, a chance to right those wrongs, strengthen those weaknesses, and improve everything else.

However, before we press on with business this 2005, let us take the opportunity to visit some of the events that were recorded by this newsletter in 2004. By doing so, we are reminded as to where, what, how, who, and why events occurred; therefore, better preparing us for the year to come. Here are some of the 2004 Mesekiu's News Headlines:

- PCC paid tribute to the graduates of 2004
- PCC President Patrick U. Tellei was a keynote speaker at the 2004 Summer Youth Employment and Training Program.
- PCC Faculty members took part in a Distanced Based and Distributed Learning Seminar .
- PCC Library staff conducted a needs assessment of library and information professionals working in the elementary and high school libraries throughout Palau.
- PCC President attended a Western - Directors Meeting (USDA Land Grant Programs)
- The Accreditation Commission for the Community and Junior Colleges (ACCJ) of the Western Association of Schools and Colleges reaffirmed PCC's accreditation status.
- PCC's Cooperative and Research and Extension (CE) Division produced a new publication on medicinal plants in Palau.
- PCC President Patrick U. Tellei was the master of ceremony for the ribbon cutting ceremony for the Palau National Track and Field Grandstand.
- The Fiji School of Medicine in collaboration with the Ministry of Health, PCC and the Palau Area Health Education Center (AHEC) graduated eleven nurses
- PCC's Cooperative Research and Extension (CRE) implemented a Weed Biological Control Program.
- The Palau Community College accepted donated Japanese language materials from the Japan Foundation.
- PCC in collaboration with PNCC launched the first ever long distance learning program in telecommunication technology
- The United States Department of Agriculture Cooperative State Research, Extension, Education Service (USDA CSREES) approved for implementation for two CRE research projects.
- The Ministry of Education and the Palau Community College Library won a prestigious grant from the Institute of Museum and Library Services through the Library Services and Technology Act.
- PCC Alumnus Fabian Iyar is appointed as the new CEO For PICRC
- The Kosrae State Legislature Thanks PCC President
- PCC Receives Bronze Award from the National Council of Marketing and Public Relations (NCMPR)
- CRE's Interim VP Thomas Taro attends first ever Non Communicable Disease Workshop

New Year Message from Patrick U. Tellei President of the Palau Community College



On behalf of the Board of Trustees, Administration, Faculty, Staff and Students, I wish everyone a Happy and prosperous New Year. As we embark on this New Year let us not forget the many challenges, success, tragedies and triumphs we have faced together as a College, a nation and a region. Let us use what we have learned this past year as a foundation for the future by looking at our past to see how far our nation, our region and our college has come. Today we enjoy unprecedented opportunity, which is a testament to the sacrifice and hard work of our forefathers who gave so much so that so many of us would have the opportunity to learn. Let us honor the sacrifice of our forefathers by continuing to invest in our children and give them the same educational opportunity and tools they need to succeed in this ever changing and dynamic world. On behalf of the entire College, I wish everyone a wonderful New Year.

Important Dates to Remember for PCC Students

Freshmen Orientation and Advising
- January 3-5 (M-W)

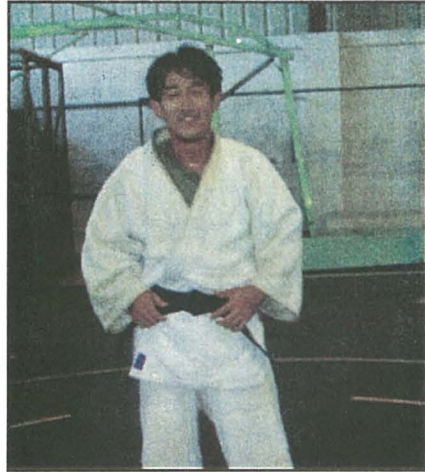
Class Registration-January 6 (TH)

First Day of Instruction-January 10 (M)

Late Registration/Last Day for Drop
and Add-January 10-14 (M-F)

Continued on Page 3

PCC Recreation Specialist Develops Self-Defense Program



Shigeyoshi Takano, Self Defense Trainer for the Ministry of Justice

PCC Recreational Specialist Eriko Yahagi will be developing a Self-Defense Exercise program for PCC students in January 2005. The program will be initially open to PCC students and will be later open to everyone in the community. The self defense program will be held at the Palau National Gym and will begin at 1:30 and will end at 3:30 pm. The class will teach students proper stretching exercises, build stamina, improve cardiovascular activity as well as give students the opportunity to learn the latest trends in self-defense. The class itself will be taught by Self-Defense Instructor, Shigeyoshi Takano who is also the self-defense trainer for the Ministry of Justice. Mr. Shigeyoshi is an experienced black belt judo practitioner and expert in Japanese Martial Arts. According to Eriko, PCC students who take these classes will learn how to defend themselves, improve their balance, become physically fit and mentally stronger.

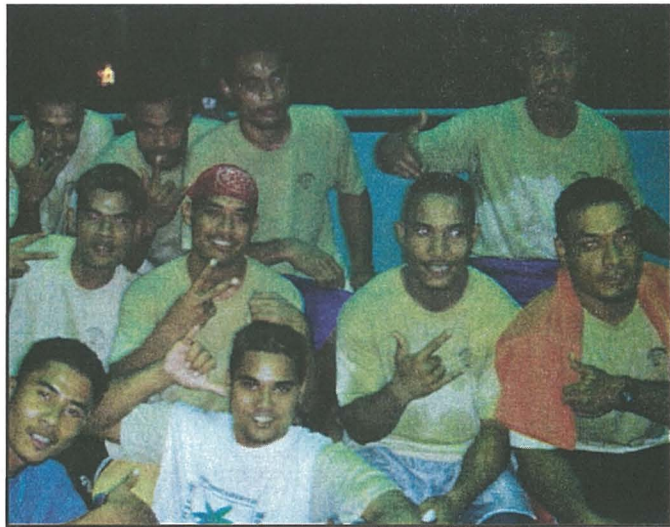
Eriko stated: "I hope PCC students will take advantage of this great opportunity to learn one of Japan's oldest martial art forms. Not only will they learn discipline, get good exercise and learn Judo, the students will also gain a deeper understanding of Japanese culture."

Eriko and Shigeyoshi are volunteers from the Japan International Cooperation Agency (JICA) or Japan Overseas Cooperation Volunteers (JOCVs) whose role is similar to the American Peace Corp volunteer. JOCVs are here to exchange culture and help develop Palau's human

resources through the sharing of knowledge and their expertise. Judo has many forms for different interests. Some train for competition by sparring and entering the many tournaments while others either train for self-defense or just practice Judo for fun and recreation.

As an honored tradition, Judo practices a code of sportsmanship, a sense of mutual respect, and a system of ethical and moral development. Judo consists of nage-waza (throws), katame-waza (grappling), osaekomi-waza (pins), shime-waza (chokes), and kansetsu-waza (joint locks). Similar to wrestling, Judo includes various forms of combat techniques. Judo is a good for children to learn because it emphasizes education and proper development of the body, mind, and character. The class is free for PCC students. If you are interested in learning this Japanese martial art form please call Eriko Yahagi at 488-3885 for more information.

PCC Men's Volleyball Team Takes Second Place in Championship Game



Despite Taking Second Place in the Championship, These PCC Boys are all Smiles!

The Invader Volleyball Team Consisting of PCC students did the College proud by playing their hearts out this past week during a Volleyball Tournament sponsored by the Palau National Volleyball League. Although the mighty Invaders swept into the playoffs, they found themselves outmatched by the KY-Angels who won the championship in four sets. Yet despite their loss, the PCC boys are still champions in our eyes, congratulations Guys.

PCC Hosts Holiday Luncheon for PCC Students and Staff Alike

Last Thursday, PCC held a Holiday Luncheon for the entire PCC family. Students and staff were treated to some great food and cool drinks. The luncheon was provided by the PCC Cafeteria staff and organized by PCC Instructor Soledad Garcia and her Tourism and Hospitality students. During the luncheon, PCC



These Students Can't Wait to Eat Some of that Good Christmas Cooking

President Patrick U. Tellei on behalf of the Board of Trustees, and Administration wished everyone at the college a happy and safe holiday season, and encouraged everyone to take this holiday break to spend quality time with their family and friends. Although there over a hundred PCC staff and students in attendance, the delicious food was in abundance and almost everyone helped themselves to second servings. The event was special as it was a way for the College to come together in the spirit of the holiday season to share some good food and warm laughter with their friends and coworkers.

BITS AND PIECES...

Report Cards and Graduating Students....

Reminder to all PCC Students to have not picked up their reports cards, the moment of truth is here so if you want to find out how well you did this past semester, please pick up your report cards at the Registrars Office. The Registrars Office would also like to remind PCC students who will be graduating this Spring 2005 to register at the Registrar's Office.

Free Cancer Screening for Women.....

Free Cancer Screening for all women in Palau. Can you prevent cancer or reduce your cancer risk? How can you detect cancer early? What are the risk factors for different types of cancer? Concerned about cancer because it runs in your family? Frequently exposed to tobacco or environmental hazards? Just want to stay healthy? If you can't prevent cancer, the next best thing you can do to protect your health is to detect it early. Recognizing symptoms, getting regular check-ups, and performing self-exams are just a few ways you can do this. For more information call Kathy West at 488-6992 Between 9:00 am and 4:30 pm.

CE OFFICE TO HAVE NEW CATALOG.....

The Continuing Education Office is compiling a new Catalog of Courses and Services in its effort to advertise the many services it offers. The Catalog which will offer many new training and service programs is expected to be printed early this coming January 2005. The Continuing Education Division serves as an outreach arm of the college responsible to sponsor activities including non-credit and short-term training designed to meet pre-service and in-service needs of the community. Continuing Education provides programs and services that empower the community to meet its growing and changing educational and training needs.

Library Holiday Hours.....

PCC Library hours from December 31 till January 9th are from 8:00 am to 5:00 pm. on Monday and Friday. The Library will be closed on December 31, 2004, and on January 1 and 2.

Ngaremlengui Governor Makes Monetary Contribution to PCC Endowment Fund

PCC would like to express a warm thank you to Governor John Skebong, of the Beautiful State of Ngaremlengui for making a cash donation of \$175 to the PCC Endowment Fund. Governor Skebong who is also a bi-weekly donor to the PCC Endowment Fund, and longtime friend of the College made the donation as token of his dedication and commitment to the development of Palau's only institution of higher learning and investment in youth of our nation. Thanks Governor Skebong!

2004 Highlights Continued From Page One:

- PCC's Student Body Association invited candidates running for public office to PCC
- PCC received a certificate of Appreciation for its contribution to the ROP Independence Day Celebration
- PCC Librarian Technician awarded a Pacific Island Scholarship
- PCC's new and improved official Website is now online.
- 32 Former PCC Students Join U.S. Military
- PCC Offer Degree Program in Library Science
- PCC Hands over Canoe House to 9th Festival of Pacific Arts
- Ngara Amayong Women's Cultural Center Officially Opens
- PCC Daycare Celebrates Japanese Tanabata Festival
- Palau Community College Accepts New 127 Students For Fall Semester 2004
- PCC Proudly Announces the 2004 Scholarship Winners
- NDBP Donates Computers to PCC
- Surangel & Sons Donates \$2,000 To PCC
- PCC host Japanese Language Fair
- PCC Staff Attend PIC—WESTOP Conference in Hawaii
- PCC Student Receives Award From Poetry.Com
- PCC Student Wins Independence Day Pageant
- PCC to Have Medical Clinic on Campus
- Endowment Fundraiser Raises \$31,570
- PCC Signs MOU to Teach Nursing in Yap State
- PCC's Imengel Mad is New PIALA President
- PCC Cleans Campus for Christmas Holiday
- NMC President Guerrero Visits PCC
- PCC Student Body Association Hosts Christmas Bash

Images of PCC Dorm Students Taking Advantage of the school break to enjoy some fun in the sun:



PCC Students Posing After a Game of Volleyball



PCC Dorm Students Have Fun Playing Table Tennis